

# One Day

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Pim Humphrey (UK)  
音乐: You're Gonna Love Me One Day - Heather Myles



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## WALK, WALK, FULL TURN, WALK, WALK, KICK BALL CHANGE

1-4            Walk forward right, left, step forward on right turning  $\frac{1}{2}$  turn left, step back on left turning  $\frac{1}{2}$  turn left  
5-6-            Walk forward right, left  
7&8            Right kick ball change

## ROCK STEP, CROSS HOLD, CROSS, CROSS, SIDE ROCK

9-10            Step forward right, rock back onto left  
&11-12          Small step back on right, cross left in front of right, hold  
&13            Step side right, cross left in front  
&14-            Step side right, cross left in front  
15-16          Step side right, rock onto left

## CROSS SHUFFLE, TURN SHUFFLE, ROCK STEP $\frac{3}{4}$ TURN

17&18-          Cross right over left, step side left, cross right over left  
19&20          Turn  $\frac{1}{4}$  turn left on left foot, bring right foot up to left, step forward left  
21-22          Step forward on right, rock back onto left  
23&24          Turn  $\frac{3}{4}$  of a turn to right on a right, left, right

## ROCK STEP COASTER STEP, TOUCH, HOLD, TOUCH, TOUCH

25-26-          Step forward on left, rock back onto right  
27&28          Step back on left, step right next to left, step forward on left  
29-30          Touch right toe to right side, hold  
&31            Step right by left, touch left toe to left side  
&32            Step left by right, touch right toe by left

**REPEAT**

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