

One Cherokee Boogie

COPPER KNOB
STEPPERS

拍数: 48 墙数: 0 级数:
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音乐: Cherokee Boogie - BR5-49



Position: Begin facing center of circle

STOMP, STOMP, STEP HOP, STEP HOP, STEP HOP

Entire move is 1 ¼ turns down line of dance

- 1-4 Right stomp up (forward. Right stomp up (foot and body angle to 2:00). Right step to 3:00.
Hop into ¼ turn right, lifting knee and clap (now facing 6:00)
- 5-6 Left step side left into ¼ turn right (facing 9:00). Hop into ¼ turn right (facing 12:00), lifting
right knee and clap
- 7-8 Right step side right into ¼ turn right (facing 3:00). Hop forward, lifting left knee and clap

Politically incorrect arm movement: On count 1, raise left arm to side, elbow bent, fist up (carry your tomahawk). Keep it up for counts 1-3. On count 4 clap just above your forehead.

STEP LOCK, HOP STEP, BRUSH, HOP, TOGETHER, HOLD

- 1-2 Step left forward. Right slide up. Cross left behind
- 3-4 Right hop forward (lifting left knee). Left step forward
- 5-8 Right brush forward. Left hop forward. Right step beside left. Hold

BUMP, BUMP, BUMP HOLD, ¼ TURN BUMP, BUMP, BUMP, HOLD

- 1-4 Left step side left as you bump hips left. Bump hips right. Bump hips left. Hold
- 5-8 Right step forward into ¼ turn as you bump hips right. Bump hips left. Bump hips right. Hold

CROSS HOLD, STEP HOLD, CROSS HOLD, UNWIND

- 1-2 Left cross over right (bending both knees). Hold foot pattern

Styling: bend forward from the hips, shoulder shimmies on counts 1-2

- 3-4 Right step to right (straighten both legs); hold
- 5-6 Left cross over right (bending both knees). Hold foot pattern

Styling: bend forward from the hips, shoulder shimmies on counts 1-2

- 7-8 Unwind ½ turn right on balls of both feet, shifting weight to left foot on count 8

CROSS OVER VINE

- 1-8 Right cross over left. Left step to left. Right cross behind left. Left step to left. Right cross over
left. Left step to left. Right cross behind left. Left step to left

Styling: Allow shoulders to rotate to diagonal with each cross step. Bend at knees with each crossover step

CROSS LIFT, CROSS LIFT, CROSS LIFT, ½ TURN STEP, HOLD

There will be a movement away from the middle of the circle with the crossover steps. This allows the circle to enlarge to its original size.

- 1-2 Right cross over left (angling shoulders to left diagonal). Left knee lift while pivoting on ball of
right (angling shoulders to right diagonal)
- 3-4 Left cross over right (angling shoulders to right diagonal). Right knee lift pivoting on ball of left
(angling shoulders to left diagonal)
- 5 Right cross over left (angling shoulders to left diagonal)
- 6-7 Left knee lift pivoting on ball of right into ½ turn right on ball of right foot. Left step beside right
- 8 Hold

REPEAT