

# One By Two

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Mark Hood (UK) & Douglas Semple (UK)  
音乐: One - Faith Hill



## ROCK RECOVER SIDE, ROCK RECOVER FORWARD, STEP, STEP PIVOT, STEP TOGETHER SWIVEL

1&2      Rock right back into 5th, recover on left, step right to the right  
3&4      Rock left back into 5th, recover on right, step left forward  
5&6      Step right forward, step left forward, pivot ½ turn right  
7&8&      Step left beside right, swivel to the left, then to the right, return to center

## STEP TAP ¼, STEP BESIDE RIGHT PENCIL TURN ¾ STEP RIGHT TO THE RIGHT, ROCK RECOVER SIDE ROCK RECOVER ½

9&10      Step left to the left, tap right beside left, step right to the right with ¼ turn right  
11&12      Step left beside right, turn a ¾ pencil turn, step right to the right  
13&14      Rock left over right, recover on right, step left to left  
15&16      Rock right forward, recover on left making ½, step right forward

## ¼ POINT, SAILOR CROSS, STEP LOCK STEP, FULL TURN STEP PIVOT ½

17      ¼ turn right and point left  
18&19      Step left behind right, step right to the right, step left over right  
20&21      Step right forward, lock left behind right, step right forward  
&22      Step left forward, turn a full turn right (weight on right)  
&23-24      Step left forward, pivot ½ turn right, rock left forward

## RECOVER SIDE ROCK RECOVER, SAILOR STEP, ROCK RECOVER ¾ POINT & POINT SNAKE ROLL ¼

&25&26      Recover on right, rock left to the left, recover on right  
27&28      Step left behind right, step right to the right, step left forward  
29&30      Rock right forward, recover on left into ¾ turn right bringing right next to left, point left to left  
&31      Step left beside right, point right to the right  
&32      Snake roll to the right, then to the left with ¼ turn right lower body

**Option: bump hips right, then left, with ¼ right**

## BODY ROLL UP STEP PIVOT STEP SIDE RECOVER CROSS TWICE

33-34      Body roll up putting weight onto right, step left forward, pivot ½ turn right  
35-36&37      Step left forward, rock right to the right, recover on the left, step right over left  
38&39-40      Rock left to the left, recover on right, step left forward, rock right forward

## RECOVER 2 RUN STEP BACK 1 ½ ROLL ROCK RECOVER TOGETHER SIDE TAP TWICE STEP

41&42      Recover on left, step right back, step left back  
43&44      ½ stepping right forward, ½ stepping left back, ½ stepping right forward  
45&46      Rock left to the left, recover on right, step left beside right  
&47&48      Step right to the right, tap left behind right twice, step left to the left

**On wall 8 dance till &47 step right to the right raise both hands up your done**

**REPEAT**