

# Once In A Lifetime

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: One in a Million - Bosson



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## ROCK & BACK, CROSS SHUFFLE, ROCK & CROSS, CHASSE

1&2      Rock right to right side, recover weight on left cross right behind left  
3&4      Cross left over right, step right to right side, cross left over right  
5&6      Rock right to right side, recover weight on left, cross right over left  
7&8      Step left to left side, step right beside left, step left to left side

## ROCK BACK TURN LEFT, ROCK BACK TURN RIGHT, CROSS UNWIND, SAILOR STEP

1&2      Rock back on right, recover weight on left, turn  $\frac{1}{2}$  left, step back on right  
3&4      Rock weight back on left, recover weight on right, turn  $\frac{1}{2}$  right  
5-6      Cross right behind left, unwind  $\frac{1}{2}$  turn right (weight on left)  
7&8      Cross right behind left, step left to left, step right in place

## CHASSE, FULL TURN RIGHT, $\frac{1}{4}$ TURN RIGHT SHUFFLE

1&2      Step left to left, bring right beside left, step left to left  
3-4      Step right  $\frac{1}{2}$  turn right, step left  $\frac{1}{2}$  turn (traveling right)  
5&6      Step right  $\frac{1}{4}$  turn right, step left to right, step right forward  
7-8      Step back on left, drag right to left, (hitching right knee)

## HEEL SWITCHES, PIVOT $\frac{1}{2}$ RIGHT, COASTER STEP, $\frac{1}{4}$ TURN CHASSE

&1&2      Step right in place, touch left heel forward, step left in place, touch right heel forward  
&3-4      Step right in place, step left forward, pivot  $\frac{1}{2}$  turn right  
5&6      Step back on right, step left beside right, step right forward  
7&8      Turn  $\frac{1}{4}$  right on left, bring right beside left, step left to left side

**REPEAT**

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