

Once 'Round

拍数: 38 墙数: 4 级数: Improver
编舞者: William Sevone (UK)
音乐: Leavin' - Shelby Lynne



2X SIDE STEP-TOE TOUCH WITH EXPRESSION, WALK BACK, ¼ RIGHT SIDE STEP, CROSS TOE TOUCH

- 1-2 Step right foot to right side, (with slight bounce) touch left toe next to right foot
- 3-4 Step left foot to left side, (with slight bounce) touch right toe next to left foot
- 5-6 Step backward onto right foot, step backward onto left foot
- 7-8 Turn ¼ right & step right foot to right side, cross touch left toe over right foot

Optional: on counts 2, 4 and 8 click fingers at waist height

¼ LEFT STEP FORWARD, 5X KNEE POPS WITH EXPRESSION, ¼ RIGHT STEP FORWARD

- 9-10 Turn ¼ left & step forward onto left foot, step right foot next to left
- 11-12 Pop left knee forward, (straighten left knee) pop right knee forward
- 13-14 (Straighten right knee) pop left knee forward, (straighten left knee) pop right knee forward
- 15-16 (Straighten right knee) pop left knee forward, (straighten left knee) pop right knee forward
- 17-18 (Straighten right knee) pop left knee forward, turn ¼ right & step forward onto left foot

Knee pops: left pop-left arm forward bent at elbow/right arm by side-click left fingers-hip push to right

Knee pops: right pop-right arm forward bent at elbow/right arm by side-click right fingers-hip push to left

STEP FORWARD, BEHIND TOE TOUCH, 2X ¼ LEFT SIDE STEP, STEP BEHIND, ¼ RIGHT STEP FORWARD

- 19-20 Step forward onto right foot, tap/touch left toe behind right heel
- 21-22 Turn ¼ left & step left foot to left side, turn ¼ left & step right foot to right side
- 23-24 Cross step left foot behind right, turn ¼ right & step forward onto right foot

TOE TOUCH, ¼ LEFT SIDE STEP, TOE TOUCH, ¼ RIGHT STEP FORWARD, TOGETHER, ¼ RIGHT SIDE STEP, TOE TOUCH, ¼ LEFT STEP FORWARD

- 25-26 Touch left toe next to right foot, turn ¼ left & step left foot to left side
- 27-28 Touch right toe next to left foot, turn ¼ right & step forward onto right foot
- 29-30 Step left foot next to right, turn ¼ right & step right foot to right side
- 31-32 Touch left toe next to right foot, turn ¼ left & step forward onto left foot

¼ LEFT SIDE STEP, ¼ LEFT ROCK BACKWARD, ROCK, ½ RIGHT STEP BACKWARD, ¼ RIGHT SIDE STEP, CROSS STEP

- 33-34 Turn ¼ left & step right foot to right side, turn ¼ left & rock backward onto left foot
- 35-36 Rock onto right foot, turn ½ right & step backward onto left foot,
- 37-38 Turn ¼ right & step right foot to right side, cross step left foot over right

REPEAT

DANCE FINISH

On count 32 of the 4th wall just add: left hand on hat brim, right hand on right hip