

On Your Mark...

拍数: 64 墙数: 4 级数:
编舞者: Peter Metelnick (UK)
音乐: I'm So Happy I Can't Stop Crying - Toby Keith & Sting



VINE RIGHT 3, HOLD, SLOW RIGHT WEAVE

- 1-4 Step right foot to right side, cross step left foot behind right foot, step right foot to right side, hold
5-8 Cross step left foot over right foot, hold, step right foot to right side, hold (weight ends on right foot)

VINE LEFT 3, SLOW LEFT WEAVE

- 1-4 Step left foot to left side, cross step right foot behind left foot, step left foot to left side, hold
5-8 Cross step right foot over left foot, hold, step left foot to left side, hold (weight ends on left foot)

¼ RIGHT AND 2 FORWARD STEP SCUFFS, ½ LEFT PIVOT TURN

- 1-4 Turn ¼ right and step right foot forward, scuff left foot forward, step left foot forward, scuff right foot forward
5-8 Step right foot forward, hold, pivot ½ left, hold (weight ends on left foot)

2 FORWARD STEP SCUFFS, ½ LEFT PIVOT TURN

- 1-4 Step right foot forward, scuff left foot forward, step left foot forward, scuff right foot forward
5-8 Step right foot forward, hold, pivot ½ left, hold (weight ends on left foot)

SCISSORS RIGHT & LEFT

- 1-4 Step right foot to right side, step/slide left foot together, cross step right foot over left foot, hold
5-8 Step left foot to left side, step/slide right foot together, cross step left foot over right foot, hold

RIGHT "TOE STEPS" JAZZ BOX

- 1-4 Cross touch right toes over left foot, step right heel down, touch left toes back, step left heel down
5-8 Turn ¼ right and touch right toes forward, step right heel down, touch left toes together, step left heel down

RIGHT FORWARD & SIDE TOE TOUCHES, CROSS BEHIND-SIDE-TOGETHER

- 1-4 Touch right toes forward, hold, touch right toes to right side, hold
5-8 Cross step right foot behind left foot, step left foot to left side, step right foot together, hold

LEFT FORWARD & SIDE TOE TOUCHES, ¼ LEFT & LEFT COASTER STEP BACK

- 1-4 Touch left toes forward, hold, touch left toes to left side, hold
5-8 Pivot ¼ left on right foot and step left foot back, step right foot together, step left foot forward, hold

REPEAT
