

# On Ya Mate

拍数: 32      墙数: 4      级数: Improver  
编舞者: Tara Green  
音乐: The Way It Is - Lee Kernaghan



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|-------|---|
| 1-2   | Right rock forward, return weight to left                                   |
| 3-4   | Right rock back, return weight to left                                      |
| 5-6   | Right rock to right side, return weight to left                             |
| 7-8   | Right step across left, unwind $\frac{1}{2}$ turn left                      |
| 9-10  | Left rock forward, return weight to right                                   |
| 11-12 | Left rock back, return weight to right                                      |
| 13-14 | Left rock to left side, return weight to right                              |
| 15-16 | Left step across right, unwind $\frac{1}{2}$ turn right                     |
| 17&18 | Right sailor step   |
| 19&20 | Left sailor step  |
| 21-22 | Step right forward, pivot $\frac{1}{2}$ turn left, end with weight on left  |
| 23&24 | Right coaster step (right step back, step left back, step right forward)    |
| 25-26 | Step left forward, pivot $\frac{1}{2}$ turn right, end with weight on right |
| 27&28 | Left coaster step   |
| 29-30 | Right rock forward, left rock back turning $\frac{1}{4}$ turn right         |
| 31-32 | Right rock to right side, return weight to left                             |

**REPEAT**

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