On The Water

级数: Improver

编舞者: Pete Harkness (UK)

音乐: Walking On the Water - Atomic Kitten

WALK RIGHT LEFT, MAMBO STEP, COASTER CROSS, SIDE ROCK CROSS

- 1-2-3&4 Walk forward right then left, rock forward on right & recover on left, step back on right
- 5&6 Step back on left & step right beside left, cross left over right
- 7&8 Rock right to right side & recover on left, cross step right over left

SIDE ROCK CROSS, TRIPLE ¾ TURN, MAMBO STEP, COASTER CROSS

- 1&2-3&4 Rock left to left side & recover on right, cross left over right, ³/₄ turn to left stepping right left right
- 5&6 Rock forward on left & recover on right, step back on left
- 7&8 Step back on right & step left beside right, cross right over left

HIP BUMPS, BEHIND ¼ TURN STEP, KICK, STEP BACK, COASTER TURN

- 1-2 Step left to side as you hip bump to left, recover on right as you hip bump to right
- 3&4 Step left behind right & step right ¼ turn to right, step forward on left
- 5-6 Kick right in front, step back on right
- 7&8 Step back on left & step right beside left, ¼ turn right stepping left to side

COASTER TURN, SHUFFLE, ROCK RECOVER TURN, TRIPLE FULL TURN

- 1&2Step right behind left & step left beside right as you ¼ turn to right, step forward on right3&4-5&6Shuffle forward left right left, rock forward on right & recover on left, ½ turn right stepping
- forward on right
- 7&8 Make a full turn to right stepping left right left

REPEAT

RESTART

On wall 6 you will have to restart the dance after 16 counts. Dance the first 14 counts as scripted then 15&16 Rock back on right, recover on left, on ball of left ¼ turn right touching right beside left You will now be facing 12:00 ready to start the dance again.





拍数: 32

墙数:2