On The Town

拍数: 32

级数: Improver

编舞者: Alan Robinson (UK)

音乐: Man! I Feel Like a Woman! - Shania Twain

Start the dance 16 beats after Shania says "Let's go girls!"

KICK, TOUCHES AND KICK

- 1-2 Kick right foot forward, touch right to right
- 3-4 Touch right toe back, kick right foot forward

COASTER STEP, KICK, TOUCHES, KICK AND COASTER STEP

- Step back on right, step back on left, step forward on right 5&6
- 7-8 Kick left foot forward, touch left to left
- 9-10 Touch left toe back, kick left foot forward
- 11&12 Step back on left, step back on right, step forward on left

TWO RIGHT KICK BALL CHANGES

- 13&14 Kick right foot forward, step right foot next to left, step left foot next to right
- 15&16 Kick right foot forward, step right foot next to left, step left foot next to right

STEP PIVOT AND FORWARD SHUFFLE

- 17-18 Step forward on right, pivot 1/2 to the left
- 19&20 Step forward on right, close with left, step forward on right

ROCK AND SHUFFLE TURN

- 21-22 Rock forward on left foot, step right in place
- 23&24 Step on left, step on right, step on left turning 1/2 left

ROCK AND TURN

- 25-26 Rock forward on right foot, step left in place
- 27-28 Step onto right foot turning 1/4 to the right, touch left next to right

ROLLING GRAPEVINE LEFT

- 29-31 Step on left, step on right, step on left making a full turn left
- 32 Touch right next to left

REPEAT





墙数:4