

On The Rocks

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 0 级数:
编舞者: Al Dobbins (USA)
音乐: On The Rocks - The Wrights



Sequence: AB AB AB AB AB, BB

PART A

HEEL, HOLD, STEP TOGETHER, CROSS STEP, SIDE STEP, HEEL, HOLD, HOLD, STEP TOGETHER, CROSS STEP

1-2 Right heel forward, hold
&3-4 Step right beside left, step crossing left over right, step right to right side
5-6 Left heel forward, hold
7&8 Hold, step left beside right, step crossing right over left

HEEL, HOLD, STEP TOGETHER, CROSS STEP, SIDE STEP, HEEL, HOLD, HOLD, STEP TOGETHER, CROSS STEP

9-10 Left heel forward, hold
&11-12 Step left beside right, step crossing right over left, step left to left side
13-14 Right heel forward, hold
15&16 Hold, step right beside left, step crossing left over right

SIDE STEP, ¼ TURN, COASTER STEP, ¼ TURN, ¼ TURN, COASTER STEP

17-18 Step right to right side, pivot off right ¼ turn left stepping back on left (9:00)
19&20 Step back on right, step together with left, step forward on right (coaster step)
21-22 Step forward (toe out) make ¼ turn left on left, pivot off left ¼ turn left stepping back on right (3:00)
23&24 Step back on left, step together on right, step forward on left (coaster step)

PIVOT WITH HITCH, TOUCH, CROSS STEP, PART OF A MONTEREY SPIN, KICK BALL STEP

25-26 Pivot ¼ turn left on left with hitch right, touch right toes to right side (12:00)
27-28 Step crossing right over left, touch left to left side
29-30 Swing left behind right pivoting ½ turn left on right and stepping left beside right, touch right to right side (6:00)

28-29-30 are three steps of the Monterey spin

31&32 Kick right forward, step down on right, step forward on left

PART B

Part B will be on the rocks each time except the 3rd time on the instrumental

HEEL, SIDE STEP, CROSS STEP, ROCK WITH ¼ TURN, RECOVER, SPIN, STEP FORWARD, TOUCH, ¼ TURN, TOUCH

1&2 Right heel forward, step right to right side, step crossing left over right (6:00)
3-4 Rock right to right side making a ¼ turn left, recover forward on left (3:00)
5-6 Stepping forward on right foot spin full turn left, finishing the turn step forward on left
7&8 Touch right toes forward, step back on right with ¼ turn right, touch left toes to left side (6:00)

HEEL, SIDE STEP, CROSS STEP, ROCK WITH ¼ TURN, RECOVER, SPIN, STEP FORWARD, TOUCH, ¼ TURN, ¼ TURN WITH TOUCH

9&10 Left heel forward, step left to left side, step crossing right over left (6:00)
11-12 Rock left to left side making a ¼ turn right, recover forward on right (9:00)
13-14 Stepping forward on left foot spin full turn right, finishing the turn step forward on right
15&16 Touch left forward, pivot off right foot ½ turn left stepping forward on left, pivot ¼ left on left touching right toes to right side (12:00)

