

On The Rocks

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Ian Dunn (AUS)
音乐: On The Rocks - The Wrights



1&2 Left behind right, touch right to right, return weight to left (sailor traveling back)
3&4 Right behind left, touch left to left, return weight to right (sailor traveling back)
5-6-7-8 Rock back on left, return weight to right, touch left forward, pivot ½ right

1&2 Left heel forward, step left beside right, step right forward
3&4 Left heel forward, step left beside right, step right forward
5-6 Step left forward (sway left hip forward), return weight to right (sway back)
7&8 Cross shuffle back left, right, left

1-2 Rock back on right, return weight on left
3-4 Step right forward ¼ turn left, return weight onto left
5&6 Cross right over left, step left to left, cross right over left (cross shuffle)
7-8 Left to left, tap right toe beside left

1-2-3-4 Touch right toe to right 45, rotate right knee and hip to the right twice
5-6-7-8 Step right behind left, left to left, cross right over left, kick left to left 45

1-2-3-4 Step left behind right, right to right, cross left over right, kick right to right 45
5-6-7&8 Step right behind left, left to left, shuffle forward right, left, right

1-2-3&4 Touch left forward, pivot ½ right, shuffle forward left, right, left
5-6 Touch right forward pivot ½ left
7-8 Step right forward, turning ½ left swinging left in an arc

REPEAT
