

On The Rocks

拍数: 48 墙数: 2 级数: Improver
编舞者: Maria Hennings Hunt (UK)
音乐: On The Rocks - The Wrights



KICK BALL CHANGE, HEEL GRIND ¼ TURN, COASTER STEP, PIVOT ½ TURN

1&2 Kick right leg forward, replace weight onto right foot, change weight to left foot
3-4 Place right heel forward, grind heel ¼ turn to right
5&6 Step right foot back, step left foot back, step right foot forward
7-8 Step forward onto left foot, pivot turn ½ over right shoulder, stepping onto right foot

SHUFFLE FORWARD, FULL TURN, POINT CROSS, POINT CROSS

1&2 Step left foot forward, close right foot to left foot, step left foot forward
3-4 Step forward right foot turning ½ turn left, step left foot forward turning ½ left shoulder
5-6 Point right toe to side, cross right foot over left
7-8 Point left toe to side, cross left foot over right foot

Alternative for those who do not like to turn - replace steps with walks forward

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5-6 Point right toe to side, cross right foot over left
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Alternative for those who do not like to turn - replace steps with walks forward

STEP SIDE, HOLD, STEP SIDE HOLD, SAILOR STEP, SAILOR STEP

1-2 Step right foot to side, hold
&3-4 Close left foot to right foot, step right foot to side, hold
5&6 Cross left foot behind right foot, rock right foot to side, replace weight onto left foot
7-8 Cross right foot behind left foot, rock left foot to side, replace weight onto right foot

STEP SIDE, HOLD, STEP SIDE HOLD, SAILOR STEP, SAILOR STEP

1-2 Step left foot to side, hold
&3-4 Close right foot to left foot, step left foot to side, hold
5&6 Cross right foot behind left foot, rock left foot to side, replace weight onto right foot
7-8 Cross left foot behind right foot, rock right foot to side, replace weight onto left foot

REPEAT

ENDING

At the end of the track, the chorus ("on the rocks") repeats three times. Just dance the last two eight count sections three times and music will end at the same time as the dance