On The Beach



拍数: 32 墙数: 4 级数:

编舞者: Peter Heath (AUS)

音乐: On the Beach - Cliff Richard



2 HEEL STRUTS, DOUBLE KICK, STOMP 2

| 1-2 | Touch right heel forward, transfer weight to right foot dropping right toe |
|-----|--|
| 3-4 | Touch left heel forward, transfer weight to left foot dropping left toe |

5-6 Kick right foot forward twice

7-8 Stomp right foot alongside left foot (with weight), stomp left foot alongside right foot (with

weight)

2 BACK TOE STRUTS, SIDE, CROSS HITCH, SIDE CROSS HITCH

| 9-10 | Touch right toe back, transfer weight to right foot dropping right heel |
|-------|---|
| 11-12 | Touch left toe back, transfer weight to left foot dropping left heel |
| 13-14 | Step right foot to right, hitch left knee across in front of right leg |
| 15-16 | Step left foot to left, hitch right knee across in front of left leg |

SIDE TOE STRUT, STOMP, CLAP

17-18 Touch right toe to right, transfer weight to right foot dropping right heel

19-20 Stomp left foot alongside right foot (with weight), clap

FRONT TOE STRUT, TURN 1/4 LEFT & FORWARD TOE STRUT

21-22 Touch right toe across in front of left leg, transfer weight to right foot dropping right heel

23-24 Turning ¼ left touch left toe forward, transfer weight to left foot dropping left heel

SIDE & (RIGHT) HIP BUMP 2, (LEFT) DOUBLE HIP BUMP

25-26 Step right foot to right side feet are apart & bump hips right, bump hips left

27&28 Bump hips right/center, right

(LEFT) HIP BUMP 2, (LEFT) DOUBLE HIP BUMP

29-30 Bump hips left, bump hips right 31&32 Bump hips left/center, left

REPEAT