

# On My Knees

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: On My Knees - The 411



## STEP ½ PIVOT STEP, ROCK & CROSS, RIGHT CHASSE, ROCK & STEP

1&2      Step forward onto right foot, pivot ½ turn left & step forward onto right foot  
3&4      Rock left foot out to left side, recover onto right & cross left over right  
5&6      Step right to right side, step left next to right, step right to right side  
7&8      Rock back onto left foot recover onto right foot & step left to left side

## WEAVE TO LEFT, TOUCHES, CROSS SHUFFLE, FULL MONTEREY TURN

1&2      Step right behind left, step left to left side, cross right foot over left  
3&4      Touch left out to left side, touch left next to right, touch left to left side  
5&6      Step left over right, step right to right side, cross step left foot over right  
7-8      Point right out to right side, turn full turn over right shoulder, touching right in place

## SIDE ROCK & CROSS, TOUCH HITCH ¼ TURN, SHUFFLE ½ TURN, ROCK & STEP

1&2      Rock left out to left side, recover onto right & cross left over right  
3&4      Touch right next to left, hitch right knee up, turn ¼ turn right stepping right foot forward  
5&6      Make a shuffle ½ turn to the right stepping left right left  
7&8      Rock back onto right foot, recover onto left & step right foot forward

## STEP ½ PIVOT STEP, POINTS, HEEL SWITCHES, MAMBO & TOUCH

1&2      Step left foot forward, pivot ½ turn right & step left foot forward  
3&4      Point right to right side step right in place & point left to left side  
&      Bring left in place  
5&6      Place right heel forward, bring right in place & put left heel forward  
&      Bring left foot in place  
7&8      Rock right foot forward, recover onto left & touch right next to left

**REPEAT**

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