

# On Fire

**COPPER** KNOB  
BY STEPHENETS

拍数: 32      墙数: 4      级数: Advanced  
编舞者: Cindy Thiemann (BEL)  
音乐: Love Is Alive - Anastacia



## RIGHT SAILOR STEP WITH BRUSH & CROSS BEHIND, OPEN, JUMP (LEFT KNEE UP)

1            Right foot cross behind left  
&            Left foot step next to right  
2            Right foot brush  
&            Right foot put down  
3            Left foot cross behind right  
&            Right foot and left foot jump open  
4            Right foot jump in (left knee cross in front of right knee)

## DOWN, SIDE TOUCH, TOGETHER, SIDE TOUCH, BODY ROLL, TOGETHER, SIDE TOUCH

&            Left foot put down  
5            Right foot touch right  
&            Right foot step next to left  
6            Left foot touch left  
7            Body roll (moving to the left)  
&            Right foot step next to left  
8            Left foot touch left

## TOGETHER, SIDE TOUCH, KNEE POP IN, KNEE POP OUT (WITH ¼ TURN RIGHT), TOUCH, SIDE TOUCH

&            Left foot step next to right  
9            Right foot touch right  
10           Right knee pop in  
11           Right knee pop out (with ¼ turn right)  
&            Left foot touch next to right  
12           Left foot touch left

## CROSS, TOGETHER, TOUCH, TOGETHER, CROSS, LEFT STOMP, RIGHT STOMP

13           Left foot cross in front of right foot  
&            Right foot step next to left  
14           Left foot touch left  
&            Left foot step next to right  
15           Right foot cross in front of left foot  
&            Left foot stomp next to right  
16           Right foot stomp next to left

## JUMP, JUMP, OPEN, CROSS, OPEN, CROSS

17           Right foot and left foot jump right  
&            Right foot and left foot jump right  
18           Right foot and left foot jump open  
19           Right foot and left foot jump in (right foot cross behind left foot)  
&            Right foot and left foot jump open  
20           Right foot and left foot jump in (left foot cross behind right foot)

## FULL TURN LEFT, FULL TURN RIGHT (WITH ARM MOVEMENTS)

21           Turn ½ left

- 22 Turn ½ left
- 23 Turn ½ right
- 24 Turn ½ right

**Feet stay crossed while turning (wind, unwind)**

**Arm movements:**

- 21-24 Hands on shoulder height, arms slightly bent, next to your body, wiggling up and down (down on counts 21-22-23-24)

**RIGHT SIDE ROCK, TOGETHER, LEFT SIDE ROCK, TOGETHER (WITH ARM MOVEMENTS)**

- 25 Right foot rock right
- & Left foot weight on left foot
- 26 Right foot step next to left
- 27 Left foot rock left
- & Right foot weight on right foot
- 28 Left foot step next to right

**Arm movements:**

- 25 Cross right arm in front of right chest (elbow on arm height) make a fist
- & (Right arm) turn fist to the right (arm moves along together)
- 26 (Right arm) put arm along the body
- 27 Cross left arm in front of left chest (elbow on arm height) make a fist
- & (Left arm) turn fist to the left (arm moves along together)
- 28 (Left arm) put arm along the body

**SLIDE, STEP, KICK, OPEN, OPEN (WITH ARM MOVEMENTS)**

- 29 Right foot large step to the right
- 30 Left foot slide next to right
- 31 Right foot kick
- & Right foot step to the right
- 32 Left foot step to the left

**Arm movements:**

- 29 Cross right arm in front of right chest (elbow a little above your arm) make a fist, left arm to the left (make a fist) like holding bow and arrow to the side
- 30 Put your right arm on your left arm, on shoulder height, with a little bow (left arm: down to up and right: up to down)
- 31 Cross your arms (just stretch them) to the front in front of your chest
- & Bow your arms (make a cross on your chest)
- 32 Put your both arms along the body

**REPEAT**

**RESTART**

**On the 4th wall, dance only counts 1-16, then restart at the beginning of the dance.**

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