

On A Roll

拍数: 48 墙数: 2 级数: Improver
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: Love Is On a Roll - Don Williams



HEEL, HOLD, HOOK, STEP, LOCK, STEP, STEP, ½ TURN WITH HITCH

1-2 Touch right heel forward, hold
3-4 Hook right across left, step right forward
5-6 Lock step left behind right, step right forward
7-8 Step left forward, on ball of left spin ½ turn left and hitch right

HEEL, HOLD, HOOK, STEP, LOCK, STEP, STEP, ½ TURN

9-10 Touch right heel forward, hold
11-12 Hook right across left, step right forward
13-14 Lock step left behind right, step right forward
15-16 Step left forward, pivot ½ turn right (make sure weight remains on left)

ROCK, HOLD, RECOVER, SIDE, BEHIND, SIDE, ACROSS, SIDE

17-18 Rock right behind left, hold
19-20 Recover weight forward onto left, step right to right
21-22 Step left behind right, step right to right
23-24 Step left across right, step right to right

ROCK, HOLD, RECOVER, SIDE, BEHIND, SIDE, ACROSS, SIDE

25-26 Rock left behind right, hold
27-28 Recover weight forward onto right, step left to left
29-30 Step right behind left, step left to left
31-32 Step right across left, step left to left

TOUCH, HOLD, TOE-GRIND WITH ¼ TURN, STEP, BEHIND, POINT, ACROSS, POINT

33-34 Touch right beside left, hold
35-36 Make a ¼ turn right and with right toes forward grind right toes from left to right (heel moves from right to left), step back on left
37-38 Step right behind left, point left to left
39-40 Step left across right, point right to right

STEP, HOLD, JAZZ-BOX WITH HEEL SLAP, ¼ TURN, STEP, STEP

41-42 Step right forward, hold
43-44 Step left across right, step back on right
45-46 Step left to left, hook right behind left and slap right foot with left hand
47-48 Make a ¼ turn right and step right forward, step left forward

REPEAT

TAG

Immediately after 3rd wall repeat counts 41-48 once. For the remainder of the dance you will be facing the side walls.