

On A Mission

拍数: 32 墙数: 4 级数: Improver
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音乐: On a Mission - Trick Pony



LEFT ROCK, RECOVER, CROSS, STEP ¼, STEP TURN ½, STOMP, HOLD

1-2 Rock left, recover right
3-4 Cross left behind right, step right ¼ turn right
5-6 Step forward left, turn ½ turn right on ball of right
7-8 Stomp left, hold

HEEL JACKS X 3, CLAP, DOUBLE BUMPS RIGHT, DOUBLE BUMPS LEFT

1-2 Tap right heel forward, step back on right and tap left heel forward
3-4 Step back on left and tap right heel forward, clap
5-6 Double bump right
7-8 Double bump left

POINT, TOUCH, POINT, STEP, POINT, TOUCH, POINT, STEP

1-2 Point right to right, touch right beside left
3-4 Point right to right, step right beside left
5-6 Point left to left, touch left beside right
7-8 Point left to left, step left beside right

TOE, HEEL, TOE, HEEL, STEP, TURN ½, STOMP, HOLD

1-2 Tap right toe forward, step down on right heel
3-4 Tap left toe forward, step down on left heel
5-6 Step right forward, turn ½ turn left on ball of left
7-8 Stomp right, hold

REPEAT

TAG

Before you start the 5th, 9th and the 13th wall--do an 8-count tag:

1-2 Step left, touch right
3-4 Kick right across left twice
5-6 Step right, touch left
7-8 Kick left across right twice

After the tag on the 13th wall there is 4 counts left--do a 4-count backward roll with stomp-clap:

1-2 Step back on left, turn ½ turn left stepping right
3-4 Turn ½ turn left stepping left, stomp right forward with clap!