

Oldtime Manners

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver social cha
编舞者: Jos Slijpen (NL)
音乐: Oldtime Manners - Sandra Vanreys



For everyone outside The Netherlands Sandra Vanreys will be happy to e-mail the track for FREE! E-mail: risemanagement@sandravanreys.com

KICK 2X, COASTER STEP, KICK 2X, COASTER STEP

1-2 Forward kick right twice
3&4 Step right back, step left together, step right forward
5-6 Forward kick left twice
7&8 Step left back, step right together, step left forward

ROCKING CHAIR, PIVOT ¼ TURN LEFT TWICE

1-2 Rock right forward, recover weight on left
3-4 Rock right back, recover weight on left
5-6 Step right forward, pivot ¼ turn left
7-8 Step right forward, pivot ¼ turn left (12)

CROSS ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER, CHASSE LEFT WITH ¼ TURN LEFT

1-2 Cross rock right over left, recover weight on left
3&4 Step right side, step left together, step right side
5-6 Cross rock left over right, recover weight on right
7&8 Step left side, step right together, make ¼ turn left stepping forward left (9)

STEP, PIVOT ½ TURN LEFT, FORWARD SHUFFLE RIGHT, FORWARD ROCK LEFT, RECOVER, COASTER STEP

1-2 Step right forward, pivot ½ turn left
3&4 Step right forward, step left together, step right forward
5-6 Rock left forward, recover weight on right
7&8 Step left back, step right together, step forward left

REPEAT

TAG

At the end of 2nd wall (facing 6:00), of 4th wall and of 8th wall (both facing 12:00):

FORWARD ROCK RIGHT, RECOVER, SHUFFLE ½ TURN RIGHT, FORWARD ROCK LEFT, RECOVER, SHUFFLE ½ TURN LEFT

1-2 Rock right forward, recover weight on left
3&4 Shuffle ½ turn right stepping right-left-right
5-6 Rock left forward, recover weight on right
7&8 Shuffle ½ turn left stepping left-right-left

TAG

At the end of 11th wall (facing 3:00)

FORWARD ROCK RIGHT, RECOVER, ½ TURN RIGHT, FORWARD LEFT

1-2 Rock right forward, recover weight on left
3-4 Make ½ turn right stepping right forward, step left forward