

# Old Time Rock & Roll

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Dennis Foley (AUS) & Verity Mills (AUS)  
音乐: Old Time Rock & Roll - Bob Seger



## TWO "V'S" (FORWARD, FORWARD, BACK, CLOSE, FORWARD, FORWARD, BACK, CLOSE)

1-2                      Step right forward diagonally right, step left forward diagonally left  
3-4                      Step right back diagonally left, step left back beside right  
5-6                      Step right forward diagonally right, step left forward diagonally left  
7-8                      Step right back diagonally left, step left back beside right

## RIGHT SHUFFLE, ROCK, ROCK, LEFT SHUFFLE, TURN, STOMP, STOMP

1&2                      Step right to the side, close left to right, step right to the side  
3-4                      Step left back behind right, rock forward on right  
5&6-                      Step left to the side, close right to left, step left to the side  
&7                      Turn ½ right on left foot, stomp right foot to side  
8                      Stomp left foot to side (feet apart)

## ELVIS KNEES (RIGHT, LEFT, RIGHT), HOLD

1-2                      Pop right knee in turning right heel out, pop left knee in turning left heel out  
3-4                      Pop right knee in turning right heel out, hold

## TURN, FOUR RIGHT HIP BUMPS (STRUMMING YOUR GUITAR)

5                      Turn ¼ left and bump right hip to right side  
6-8                      Extend left leg and touch left heel and bump right hip three times

**Styling: while dancing the above four beats lean back diagonally right and strum your guitar four times with your right hand**

## TURNING THREE STEP REGGAE, FORWARD

1-3                      Step left over right, step right back, turn ¼ left and step left to side  
4                      Step forward on right foot

## TURN ¼ LEFT BOUNCING HEELS & CLICKING FINGERS

5-7                      Turning ¼ left bouncing heels three times and clicking fingers  
8                      Transfer weight to left foot

**Styling: while dancing the first three beats lean out to your right, extend left hand out to side, raise right hand to shoulder height and click fingers three times**

**REPEAT**

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