

Old Pueblo Cha Cha (L/P)

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: line/partner dance
编舞者: Lana Harvey (USA)
音乐: I Apologize - Neal McCoy



FORWARD ROCKS

- 1 Rock straight forward on left foot
- 2 Rock back onto right foot
- 3&4 Cha-cha in place left, right, left
- 5 Rock straight forward on right foot
- 6 Rock back onto left foot
- 7&8 Cha-cha in place right, left, right

½ TURN TO THE LEFT, STEP BEHIND, ½ TURN TO THE LEFT

- 9 Step left foot forward making ¼ turn to the left
- 10 Step right foot forward making another ¼ turn to the left
- 11&12 Cha-cha in place left, right, left
- 13 Step right foot behind left foot
- 14 Step left foot forward making ¼ turn to the left
- 15&16 Cha-cha in place right, left, right making another ¼ turn to the left

CROSS FRONT, CROSS BEHIND, CROSS BEHIND, CROSS FRONT

- 17 Cross left over right with body facing 45 degrees to right
- 18 Step back on right
- 19&20 Shuffle in place left, right, left
- 21 Cross right behind left
- 22 Step forward onto left foot
- 23&24 Shuffle in place right, left, right straightening out to front
- 25 Cross left behind right with body facing 45 degrees left
- 26 Step forward onto right
- 27&28 Cha-cha in place left, right, left
- 29 Cross right over left
- 30 Step back onto left
- 31&32 Cha-cha in place right, left, right straightening out to front

SHUFFLES WITH ½ TURN TO THE LEFT

- 33&34 Shuffle forward left, right, left
- 35&36 Shuffle forward right, left, right
- 37&38 Shuffle forward left, right, left making a ½ turn to the right
- 39&40 Shuffle back right, left, right

DOUBLE ROCK BACK, SHUFFLES WITH ¼ TURN TO THE RIGHT

- 41 Cross left behind right and rock back on it
- 42 Rock forward onto right foot
- 43 Cross left behind right and rock back on it
- 44 Rock forward onto right foot
- 45&46 Shuffle forward left, right, left
- 47&48 Shuffle in place right, left, right making a ¼ turn to the right

REPEAT

PARTNER OPTION:

- 1-8 Regular sweetheart position, side by side, with man's left hand holding ladies left in front. Man's right arm behind lady, right hands joined at lady's shoulder.
- 9-12 Drop left hands. Raise right hands over lady's head. Right hands end up in front of man at end of turn.
- 13-16 Return to sweetheart position, joining left hands at end of turn.
- 17-32 Sweetheart position
- 33-36 Sweetheart position
- 37-38 As you turn, you will be in reverse sweetheart position, left hands joined at lady's left shoulder, right hands joined in front of man.
- 39-44 Maintain reverse sweetheart position
- 45-46 Dropping left hands, man shuffles forward past lady. Lady shuffles in place adjusting slightly backwards if necessary
- 47-48 Raising right hands over head, both make $\frac{1}{4}$ turn to the right and return to sweetheart position
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