

Old Lonesome

拍数: 32 墙数: 2 级数: Improver
编舞者: Ross Carlin
音乐: Ol' Lonesome - The Dean Brothers



SIDE SHUFFLE, BACK ROCK TWICE

1&2 Step right foot to side, close left to right, step right foot to side
3-4 Rock back on left, recover weight onto right
5&6 Step left foot to side, close right to left, step left foot to side
7-8 Rock back on right, recover weight onto left

STEP, LOCK, STEP, SCUFF TWICE

1-2 Step right foot diagonally forward, lock left behind right
3-4 Step right foot diagonally forward, scuff left foot forward
5-6 Step left foot diagonally forward, lock right behind left
7-8 Step left foot diagonally forward, scuff right foot forward

STEP BACK, TOUCH TWICE, SHUFFLE FORWARD, STEP, ½ PIVOT

1-2 Step right foot diagonally back, touch left toe across right
3-4 Step left foot diagonally back, touch right toe across left
5&6 Step right foot forward, close left to right, step right foot forward
7-8 Step left foot forward, pivot a ½ turn right (weight ends on right)

STEP, HOLD, FULL TURN, TOUCH, HEEL JACK, STOMP, STOMP

1-2 Step left foot forward, hold
3-4 Stepping back onto right foot make a ½ turn left, stepping forward onto left foot make a ½ turn left (this move should be a smooth full turn moving slightly forward. The ½ turns are not distinctive)
5&6 Touch right toe to left instep, step back on right foot, touch left heel forward
&7-8 Bring left foot together(&), stomp right(7), stomp left(8)

REPEAT

BRIDGE

Performed after walls 4&8

STEP TOUCH X 4

1-2 Step right foot to side, touch left beside right
3-4 Step left foot to side, touch right beside left
5-6 Step right foot to side, touch left beside right
7-8 Step left foot to side, touch right beside left

ENDING: WALL 11

This will be done facing the front. In section 3, after count 4 (right should be touched across left) replace the shuffle forward (counts 5&6) with two stomps (right, left).