

Old Friend

拍数: 32 墙数: 4 级数: Improver two step
编舞者: Ed Lawton (UK)
音乐: My Old Friend - Tim McGraw



WALK, ROCK ½ TURN, ½ TURN BACK, COASTER

1-2 Walk forward on right, walk forward on left
3&4 Step forward on right, rock back on to left, make a ½ turn right & step forward on right
5-6 Make a ½ turn right and step back on left, step back on right
7&8 Step back on left, step right next to left, step forward on left

STEP ¼ PIVOT, VINE ¼ TURN, CROSS BACK, SHUFFLE ½ TURN

1&2 Step forward on right, pivot ¼ turn left, step right over left
3&4 Step left to left, step right behind left, make a ¼ turn left & step forward on left
5-6 Step right over left, step back on left
7&8 Make a ½ turn right on right, left, right

¼ TURN ROCK, TRIPLE, ROCK, TRIPLE

1-2 Make a ¼ turn right stepping left to left side, rock on to right
3&4 Step left behind right, step right to right, step left over right
5-6 Step right to right side, rock on to left
7&8 Step right behind left, step left to left side, step right over left

ROCK, SHUFFLE ½ TURN, COASTER TWICE

1-2 Step forward on left, rock back on to right
3&4 Make a ½ turn left on left, right, left
5&6 Step forward on right, step left next to right, step back on right
7&8 Step back on left, step right next to left, step forward on left

REPEAT
