

Old Fashioned Love

拍数: 48 墙数: 4 级数: Improver
编舞者: Lesley Johnston (AUS) & Valma Johnston
音乐: Whatever Happened to Old Fashioned Love - Daniel O'Donnell



OVER, SIDE, BEHIND, CHA-CHA, OVER SIDE, BEHIND, CHA-CHA

- 1-2 Turning body slightly to right - step left over right, right to side
3&4 Step left behind right, then step right-left in place (cha-cha)
5-6 Turning body slightly to left, step right over left, left to side
7&8 Step right behind left, then step left-right in place ending with right slightly in front of left

FORWARD ½ TURN, FORWARD ¼ TURN, STEP LOCK, SHUFFLE, LOCK

- 1-4 Step forward on left, pivot ½ turn to right, step forward on left, pivot ¼ turn right (weight back onto right foot)
5-6 Step forward on left, lock right behind left
7&8 Step forward on left, lock right behind left, step forward on left

FORWARD LOCK, SHUFFLE LOCK, FORWARD ¼ TURN, FORWARD ½ TURN

- 1-2 Step forward on right, lock left behind right
3&4 Step forward on right, lock left behind right, step forward on right
5-6 Step forward on left, pivot ¼ turn right (weight on right)
7-8 Step forward on left, pivot ½ turn right (weight on right)

SIDE BEHIND, SIDE & CROSS, SIDE BEHIND, SIDE CROSS & CROSS

- 1-2 Step left to side, step right behind left
3&4 Step left to side & cross right over left, step left to side
5-6 Step right behind left, step left to side
7&8 Cross right over left & left to side, cross right over left

FORWARD, KICK, BACK, TOUCH, FORWARD, KICK, BACK, TOUCH (MONTANA)

- 1-4 Step forward on left, kick right in front, step back on right, point left toe behind
5-8 Step forward on left, kick right in front, step back on right, point left toe behind

HEEL BALL CHANGE, HEEL BALL CHANGE, HEEL BALL CHANGE, HEEL BALL CHANGE (WITH ¼ TURNS TO RIGHT)

- 1&2 Left heel forward, tap ball of left foot beside right, tap ball of right next to left as you ¼ turn right
3&4 Left heel forward, tap ball of left foot beside right, tap ball of right next to left as you ¼ turn right
5&6 Left heel forward, tap ball of left foot beside right, tap ball of right next to left as you ¼ turn right
7&8 Left heel forward, tap ball of left foot beside right, tap ball of right next to left as you ¼ turn right

REPEAT

FINISH

To finish dance you will be on your 7th wall and in dance pattern no 3, as you step lock simply turn ¼ to left and right together. You will now be facing the front.