

Old Country Shuffle (P)

COPPER KNOB
STEPPERS

拍数: 40 墙数: 0 级数: Partner
编舞者: Linda Chester (UK) & Colin Chester (UK)
音乐: Make Memories With Me - Lee Ann Womack



Position: Sweetheart

SHUFFLES, ROCK STEPS, COASTER STEP

1&2 Right shuffle forward
3&4 Left shuffle forward
5&6 Right shuffle forward
7-8 Left foot step and rock forward, rock back onto right foot
9&10 Left foot step back, right foot step beside right, left foot step forward

SHUFFLES, ROCK STEPS, COASTER STEP

11-20 Repeat steps 1-10

STEP ½ TURN LEFT, SHUFFLE

21 Right foot step forward

Drop left hands

22 Pivot ½ turn to the left

Bring right arm over lady's head, right hands will be behind man's back, left hands rejoin in front of lady, now facing RLOD

23&24 Right shuffle towards reverse LOD

STEP ¼ TURN RIGHT THREE TIMES

25-26 Left foot step forward, pivot ¼ turn to the right

27-28 Left foot step forward, pivot ¼ turn to the right

29-30 Left foot step forward, pivot ¼ turn to the right

Drop left hands, bring right arm over lady's head, now facing OLOD, rejoin hands over shoulders

SIDE SHUFFLE, ROCK STEPS

31&32 Left side shuffle

33-34 Right foot step and rock back behind left, rock forward onto left foot

TURNING SHUFFLES

35&36 Right shuffle turning ¼ turn to the left

Keep hold of hands, move backwards towards RLOD, face LOD on completion of the turn

37&38 Left shuffle turning ½ turn to the left

Drop left hands, bring right arm over lady's head, moving towards RLOD, right hands will be held behind man's back, rejoin left hands in front of lady, now facing RLOD.

STEP ½ TURN LEFT

39 Right foot step forward (drop right hands, bring left arm over lady's head)

40 Pivot ½ turn to the left (now facing LOD, rejoin hands in sweetheart hold)

REPEAT