

Old Bones

拍数: 64 墙数: 1 级数: Beginner
编舞者: Linda Oates (USA)
音乐: Old Bones - George Burns



BOX TO RIGHT

1-4 Step right foot to right side, slide left next to right, step back right foot, touch left next right
5-8 Step left foot to left side, slide right next to left, step forward left foot, touch right next left
9-16 Repeat 1-8 again

WALK FORWARD AND BACK

17-20 Walk forward right-left-right, touch left foot
21-24 Walk back left-right-left, touch right foot
25-32 Repeat 17-24 again

VINES RIGHT & LEFT

33-36 Vine right (right-left-right, touch left)
37-40 Vine left (left-right-left, touch right)
41-44 Vine right (right-left-right, touch left)
45-48 Vine left (left-right-left, touch right)

CIRCLE RIGHT- ENDING FACING FRONT (TURNING A FULL TURN)

49-50 Scuff, step right foot turning right
51-52 Scuff, step left foot turning right
53-54 Scuff, step right foot turning right
55-56 Scuff, step left foot ending facing front

EXAGGERATED SWAYS RIGHT & LEFT (SHOULDER MOTION)

57-58 Begin in stride position extend right shoulder to right in a sway motion (waist up)
59-60 Move the left shoulder from waist up to the left
61-62 Repeat 57-58 once
63-64 Repeat 59-60 once

REPEAT

Last Revision 5th November 2012
