

Oklahoma Twist

拍数: 20 墙数: 0 级数:
编舞者: Unknown
音乐: Down At the Twist and Shout - Mary Chapin Carpenter



TOE TOUCHES

1-2 Touch right toe out to right side twice

TRAVELING RIGHT

3 Step right to right side
& Step left beside right
4 Step right to right side

TOE TOUCHES

5-6 Touch left toe out to left side twice

TRAVELING LEFT

7 Step left to left side
& Step right beside left
8 Step left to left side
9-16 Twist 8 times while moving up and down, (place feet apart with even weight so you can comfortably do the twists).

TOE TOUCHES, ¼ TURN (WEIGHT ON LEFT)

17 Touch right toe straight forward
18 Touch right toe straight back
19 Touch right toe out to right side
20 Hitch (lift) right and make ¼ turn left

REPEAT
