

# Oklahoma Twist

拍数: 20      墙数: 0      级数:  
编舞者: Unknown  
音乐: Down At the Twist and Shout - Mary Chapin Carpenter



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## TOE TOUCHES

1-2      Touch right toe out to right side twice

## TRAVELING RIGHT

3      Step right to right side  
&      Step left beside right  
4      Step right to right side

## TOE TOUCHES

5-6      Touch left toe out to left side twice

## TRAVELING LEFT

7      Step left to left side  
&      Step right beside left  
8      Step left to left side  
9-16      Twist 8 times while moving up and down, (place feet apart with even weight so you can comfortably do the twists).

## TOE TOUCHES, ¼ TURN (WEIGHT ON LEFT)

17      Touch right toe straight forward  
18      Touch right toe straight back  
19      Touch right toe out to right side  
20      Hitch (lift) right and make ¼ turn left

## REPEAT

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