

Okie

拍数: 64 墙数: 4 级数: Beginner
编舞者: Yvonne Hammond (AUS)
音乐: Okie from Muskogee - Merle Haggard



RIGHT BRUSH UP, LEFT BRUSH UP

- 1-2 Touch right heel forward 45 degrees right, brush right foot up to left knee
- 3-4 Touch right heel forward 45 degrees right, step right beside left
- 5-6 Touch left heel forward 45 degrees left, brush left foot up to right knee
- 7-8 Touch left heel forward 45 degrees left, step left beside right

HEEL SPLITS, 45 DEGREES HEEL TOUCHES

- 1-4 Twist both heels out, twist in (repeat both)
- 5-6 Touch right heel forward at 45 degrees right, step right beside left
- 7-8 Touch left heel forward at 45 degrees left, step left beside right

WALK FORWARD RIGHT, HOLD, LEFT, HOLD, RIGHT LOCK STEP, SCUFF

- 1-4 Walk forward right, hold, left, hold
- 5-6 Step forward on right, step left close up behind right
- 7-8 Step forward on right, scuff left forward

STEP TURN ½ TURN LEFT

- 1-4 Step forward on left, tap right behind left, step back on right, tap left beside right
- 5-6 Turn ½ turn left & step forward on left, tap right behind left
- 7-8 Step back on right, tap left beside right

WALK FORWARD, LEFT, HOLD, RIGHT, HOLD, LEFT LOCK STEP, SCUFF

- 1-4 Step forward left, hold, step forward right, hold
- 5-8 Step forward left, lock right foot behind left, step forward on left, scuff right

STEP TURN ½ TURN RIGHT

- 1-4 Step forward on right, tap left behind right, step back on left, tap right beside left
- 5-6 Turn ½ turn right & step forward on right, tap left behind right
- 7-8 Step forward on left, tap right beside left

VINE RIGHT, VINE LEFT

- 1-4 Step right to right, step left behind right, step right to right, scuff left forward
- 5-8 Step left to left, step right behind left, step left to left, scuff right forward

REGGAE ¼ TURN RIGHT, REGGAE ON THE SPOT

- 1-2 Step right across left, step back on left turning ¼ turn right
- 3-4 Step right to right side, step left beside right
- 5-6 Step right across left, step back on left
- 7-8 Step right back & to the right side, step left beside right

REPEAT