

Oh Me, Oh My

拍数: 64 墙数: 2 级数: Improver
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音乐: Oh Me, Oh My Sweet Baby - George Strait



TRAVELING FORWARD 45'S WITH ATTITUDE

These 45s move forward slightly. Move both arms out and up to the same side as the 45s i.e., 2:00 & 10:00

- 1-2 Touch right heel forward 45 degrees right, step right next to left
- 3-4 Touch left heel forward 45 degrees left, step left next to right
- 5-6 Touch right heel forward 45 degrees right, step right next to left
- 7-8 Touch left heel forward 45 degrees left, step left next to right

HEELS OUT, TOES OUT, TOES IN, HEELS IN, SWIVEL HEELS RIGHT TWICE

- 1-2 Taking weight on toes split heels apart, taking weight on heels fan both toes out
- 3-4 Keeping weight on heels bring both toes together, taking weight on toes bring heels together
- 5-6 Twist both heels to right, return both heels to center
- 7-8 Twist both heels to right, return both heels to center

TOE STRUT, TOE STRUT, COASTER STEP, HOLD

- 1-2 Step right toe back, drop right heel
- 3-4 Step left toe back, drop left heel
- 5-6 Step right back, step left next to right
- 7-8 Step right forward, hold

HEEL STRUT, HEEL STRUT, COASTER STEP, HOLD

- 1-2 Step left heel forward, drop left toe
- 3-4 Step right heel forward, drop right toe
- 5-6 Step left forward, step right next to left
- 7-8 Step left back, hold

TOE, HEEL, TOE, KICK, CROSS, BACK, SIDE, TOUCH

- 1-2 Touch right toe to right side, touch right heel to right side
- 3-4 Touch right toe to right side, kick right forward 45 degrees right
- 5-6 Step right across in front of left, step left back
- 7-8 Step right to right side, touch left next to right (reggae/box step)

TOE, HEEL, TOE, KICK, CROSS, BACK, SIDE, TOUCH

- 1-2 Touch left toe to left side, touch left heel to left side
- 3-4 Touch left toe to left side, kick left forward 45 degrees left
- 5-6 Step left across in front of right, step right back
- 7-8 Step left to left side, touch right next to left (reggae/box step)

STOMP, HOLD, ¼ TURN, HOLD, STOMP HOLD, ¼ TURN HOLD

- 1-2 Stomp right forward, hold
- 3-4 Pivot ¼ left (weight left), hold
- 5-6 Stomp right forward, hold
- 7-8 Pivot ¼ left (weight left), hold

ROCK, RECOVER, SAILOR STEP, SAILOR STEP

- 1-2 Step/rock right to right side, step/ recover weight on to left
- 3-4 Step right behind left, step left to left side

5-6 Step right center, step left behind right
7-8 Step right to right side, step left center

REPEAT

ENDING

After count 44 (kick left forward 45 degrees left) do the reggae turning $\frac{1}{2}$ turn to face the front
