

# Off The Hook

**COPPER KNOB**  
BY STEPHEN METZ

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Peter Metelnick (UK)  
音乐: I'm Hooked - The Dean Brothers



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## RIGHT HEEL & HOOK, RIGHT FORWARD SHUFFLE, LEFT HEEL & HOOK, LEFT FORWARD SHUFFLE

1-2      Touch right heel forward, hook right foot across left leg  
3&4      Step right foot forward, step left foot together, step right foot forward  
5-6      Touch left heel forward, hook left foot across right leg  
7&8      Step left foot forward, step right foot together, step left foot forward

## RIGHT ROCK FORWARD & RECOVER, 2 TURNING SHUFFLES BACK, RIGHT ROCK BACK & RECOVER

9-10      Right rock forward & recover, 2 turning shuffles back, right rock back & recover  
11&12      Turning ½ right step right foot forward, step left foot together, step right foot forward  
13&14      Turning ½ right step left foot forward, step right foot together, step left foot back  
15-16      Rock step right foot back, recover weight on left foot

Option for those who don't like to turn - omit the ½ turns in counts 3&4 5&6 and simply shuffle back

## RIGHT TOE TOUCHES FORWARD & SIDE, RIGHT HOOK BEHIND, ¼ LEFT, RIGHT SIDE SHUFFLE, LEFT ROCK BACK & RECOVER

17-18      Touch right toes forward, touch right toes to right side  
19-20      Hook right foot behind left leg, with right leg hooked turn ¼ left on the ball of left foot  
21&22      Step right foot to right side, step left foot together, step right foot to right side  
23-24      Rock left foot back, recover weight on right foot

## LEFT SIDE SHUFFLE, RIGHT ROCK BACK & RECOVER, ½ RIGHT MONTEREY TURN

25&26      Step left foot to left side, step right foot together, step left foot to left side  
27-28      Rock step right foot back, recover weight on left foot  
29-30      Touch right toes to right side, step right foot together while turning ½ right on ball of left foot  
31-32      Touch left toes to left side, step left foot together

**REPEAT**

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