

# Off My Rocker

COPPER KNOB  
BY STEPHEN METZ

拍数: 0      墙数: 4      级数: Intermediate east coast swing  
编舞者: Todd Lescarbeau (USA)  
音乐: Off My Rocker - Billy Currington



Sequence: AB AAAB AAAB A to end of song

## SECTION A

### LINDY'S (SIDE TRIPLES WITH ROCKS)

1&2-3-4      Side triple right, left, right, rock back on left, recover onto right  
5&6-7-8      Side triple left, right, left, rock back on right, recover onto left

### SIDE ROCK, ¼ TURN, HOLD, ¼ TURN SIDE ROCK, ¼ TURN, HOLD

1-4      Rock right to side, recover, turn ¼ right stepping on right (face 3:00), hold  
5-8      Turn ¼ right (facing 6:00) and rock side left, recover, turn ¼ left stepping on left (facing 3:00), hold

### STEP, PIVOT, LOCK-STEP, SHUFFLE FORWARD, ROCK

1-4      Step forward on right, pivot ½ to left, step forward on right, lock left behind right (facing 9:00)  
5&6-7-8      Shuffle forward right, left, right, rock forward on left, recover on right turning ¼ left (6:00)

### WEAVE WITH ¼ TURN, ¼ TURN SIDE ROCK, RECOVER, BRUSH

1-4      Step side left on left, step right over left, step side left on left, step right behind  
5-8      Step on left turning ¼ left (3:00), turn ¼ left and rock to side right (now facing 12:00), recover onto left, brush right forward

## SECTION B

### TOE-STRUT, HEEL TOE, ¼ TURN STEP, BRUSHES

1-2      Cross step ball of right over left, drop heel (body should be angled slightly facing left)  
3-4      Tap left heel beside right, point toe down and tap (left foot should point to a diagonal left)  
5-8      Turn ¼ to (face 9:00) and step on left, brush right forward, brush back and across left, brush right forward

### ROCK BACK, ½ TURNING SHUFFLE LEFT, LARGE STEP, DRAG

1-2      Rock back onto right foot, recover onto left starting a ½ turn to left  
3&4      Continue to turn to left as you shuffle right, left, right  
5      Take a large step to left on left  
6-7-8      Draw right foot in over 3 counts (keep weight on left foot)

The music breaks here with a 4 beat break