

# Ocean Motion

**COPPER KNOB**  
BY STEPHENETS

拍数: 48      墙数: 4      级数: improver  
编舞者: Robert Rice (USA)  
音乐: When the Feeling Comes Around - Jennifer Warnes



Sequence: AA BB AA BB A BBBB A BBB

## PART A

### WALK FORWARD, ROCK FORWARD, ¼ TURN L, ROCK SIDE

1-2-3-4      Walk forward right, hold, left, hold  
5-6      Rock right forward, recover left turning ¼ turn left  
7-8      Rock right to right side, recover left

### CROSS SHUFFLE, SIDE, CROSS, ROCK, CROSS SHUFFLE

1&2      Right crosses over left, left steps to left side, right crosses over left  
3-4      Left foot steps left side, right crosses over left  
5-6      Rock left to left side, recover right  
7&8      Left crosses over right, right steps to right side, left crosses over right

### ROCKS & 1/4TURNING SAILOR SHUFFLES

1-2      Rock right to right side, recover left  
3&4      Sailor shuffle (right crosses behind left, recover left, right steps right) turning ¼ turn right  
5-6      Left rocks forward, recover right  
7&8      Sailor shuffle (left crosses behind right, recover right, left steps left) turning ¼ turn left

### STEP, PIVOT, SHUFFLE, STOMP, HOLD

1-2      Step right forward, pivot left ½ turn, weight ending on left  
3&4      Shuffle forward right-left-right  
5      Stomp left (weight on left)  
6-7-8      Hold

## PART B

### HIP CIRCLES, SKATE, TOGETHER, STEP, HOLD

1-4      Hips circle to the right slowly (arms and hips circle together, hands palms down, waist high)  
5-8      Repeat 1-4  
9-12      Right skate, left together, right step side, hold (arms scoop right on right skate)  
13-16      Left skate, right together, left step side, hold (arms scoop left on left skate)

Last Update: 24 Nov 2023