

A Nutter Weekend

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kathy Brown (USA)
音乐: Weekend Song - Freestylers



HEEL, HEEL, WALK WALK, HEEL HEEL, WALK WALK

1&2 Tap right heel forward, step right next to left, tap left heel forward
&3-4 Step left next to right, walk forward right, left
5&6 Tap right heel forward, step right next to left, tap left heel forward
&7-8 Step left next to right, walk forward right, left

SIDE ROCK CROSS, TURN ½ RIGHT, CROSS ROCK, ¼ TURN LEFT, BALL TURN ¾

1&2 Rock right to side, recover left, cross right over left
3-4 Step back on left turning ¼ right, step back right turning ¼ right
5&6 Cross rock left over right, recover right, step left ¼ turn left
&7&8 Turning ¼ left, step on ball of right, recover on left, turning ½ left, step on ball of right, recover left

CROSS SIDE STEP, CROSS SIDE STEP, JAZZ ¼ RIGHT

1&2 Cross right over left, step left to side, step right to side
3&4 Cross left over right, step right to side, step left to side
5-6 Cross right over left, step back left turning ¼ right
7-8 Step right to side, step left next to right

KICK BALL CROSS, KICK BALL CROSS, ½ TURN LEFT, SHAKE IT

1&2 Kick right forward, step down on right, cross left over right
3&4 Kick right forward, step down on right, cross left over right
5-6 Step forward on right, turn ½ left
7&8& Bring right up to left, and shake your body any way you want (weight transfers to the left)

REPEAT
