

# Nude Scoot Bounce

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Thelma Max (USA)  
音乐: Nude Bootscootin' - Grant Luhrs



## PUSH TURNS (MAKING A COMPLETE TURN)

1-2            (Weight left), push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
3-4            Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
5-6            Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
7-8            Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left

## STEP HOLD, STEP HOLD, KNEE POPS, HEEL DOWN

1-2            Step right foot forward and out, hold  
3-4            Step left foot forward and out, hold  
5              Shift weight right, popping left knee in  
6              Shift weight left, popping right knee in  
7              Shift weight right, popping left knee in  
8              Left heel down (weight even)

## JUMP BACK, HOLD JUMP TOGETHER, HOLD KNEE SQUAT DOWN, HOLD STAND UP, HOLD

1-2            Jump back (feet still apart), hold  
3-4            Jump feet together, hold  
5-6            Knee-squat down, hold (or, head bow, hold)  
7-8            Stand up, hold

## BOUNCE LEFT, TOUCH RIGHT, HOLD BOUNCE RIGHT, TOUCH LEFT, HOLD STEP TOGETHERS X3, HOLD (VINE, AN OPTION FOR STEP TOGETHERS)

&1-2            Bounce-step left foot to left side, touch right foot beside left, hold  
&3-4            Bounce-step right foot to right side, touch left foot beside right, hold  
&5              Step left foot to left side (moving slightly to left), step together right  
&6              Step left foot to left side (moving slightly to left), step together right  
&7              Step left foot to left side (moving slightly to left), step together right  
8              Step left

Try three side jumps to the left for counts &5&6&7. If you're real energetic (count will be 5,6,7)

## WALK FORWARD, KICK STEP KICK STEP

1-4            Walk forward right/left/right/left  
5-6            Kick right foot forward, step right  
7-8            Kick left foot forward, step left

## WALK BACK, KICK STEP KICK STEP

1-4            Walk back right/left/right/left  
5-6            Kick right foot forward, step right  
7-8            Kick left foot forward, step left

## PIVOT $\frac{1}{4}$ LEFT, PIVOT $\frac{1}{4}$ LEFT, FULL (3 STEP) TURN LEFT, TOUCH LEFT TOGETHER

1-2            Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
3-4            Push-pivot turn  $\frac{1}{4}$  to left on ball of right foot, step left  
5-6-7          Three-step full turn right/left/right turn to left  
8              Touch left together

**BOUNCE LEFT, TOUCH RIGHT, HOLD, BOUNCE RIGHT, STEP LEFT HOLD, TOUCH RIGHT TOE TO RIGHT SIDE, TOUCH RIGHT TOE IN FRONT, ¼ TURN LEFT- POPPING LEFT KNEE, POP RIGHT KNEE**

- &1-2 Bounce-step left foot to left side, touch right foot to left, hold
- &3-4 Bounce-step right foot to right side, step left, hold
- 5-6 Touch right toe to right side, touch right toe in front of left foot
- 7 Turn ¼ to left (pushing weight to right foot) and popping left knee in
- 8 Pop right knee (weight ending left)

**REPEAT**

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