

# NRG Boogie

**COPPER** **NOB**  
BY STEPHEN B. HARRIS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Michael Weeks (USA) & Betty Weeks (USA)  
音乐: You Bring Out The Boogie In Me - Sea Cruz



## **CHASSE LEFT, ROCK - REPLACE, STEP RIGHT -HOLD, PIVOT ½ TURN LEFT, STEP LEFT-HOLD**

- 1&2-3-4      Step left to left side, step right next to left, step left to left side, rock back on right, replace weight to left  
5-6-7-8      Step right to right side, hold, pivot ½ turn to the left with weight on right, step to left and hold

## **CHASSE RIGHT, ROCK - REPLACE, LEFT CROSSOVER- UNWIND ½ TURN RIGHT, STEP RIGHT, STEP LEFT TOGETHER**

- 1&2-3-4      Step right to right side, step left next to right, step right to right side, rock back on left, replace weight to right  
5-6-7-8      Cross left over right, unwind ½ turn right, step right to right, step left next to right

## **RIGHT VINE, HEEL JACK, RIGHT CROSSOVER, DIAGONAL STEP LEFT, RIGHT FOOT SWIVELS**

- 1-2&3&4      Step right to right, step left behind, quick step right next to left, touch left heel forward, quick step left next to right, cross step right over left  
5-6-7-8      Step left forward diagonal, swivel right heel toward left foot, swivel right toe toward left foot, straighten right foot and take weight

## **LEFT VINE, HEEL JACK, LEFT CROSSOVER, DIAGONAL STEP RIGHT, LEFT FOOT SWIVELS**

- 1-2&3&4      Step left to left, step right behind, quick step left next to right, touch right heel forward, quick step right next to left, cross step left over right  
5-6-7-8      Step right forward diagonal, swivel left heel toward right foot, swivel left toe toward right foot, straighten left foot and take weight

## **FORWARD ROCK, REVERSE RIGHT COASTER, FORWARD FULL RIGHT TURN, TOE SWITCHES**

- 1-2-3&4      Rock forward right, replace weight to left, step back right, step left together with right, step right forward  
5-6-7&8      Step forward left and pivot full turn right on left, step forward right, touch left toe to left side, quick change weight to left, touch right toe to right side

## **CROSS RIGHT OVER LEFT, UNWIND ½ TURN LEFT, REVERSE RIGHT COASTER, FORWARD FULL RIGHT TURN, TOE SWITCHES**

- 1-2-3&4      Cross right over left, unwind ½ turn left, step back on right, step left together with right, step right forward  
5-6-7&8      Step forward left and pivot full turn right on left, step forward right, touch left toe to left side, quick change weight to left, touch right toe to right side

## **STEP, CROSS, TOE TOUCH, RIGHT SAILOR, LEFT TOE SWIVEL-CROSS, RIGHT TOE SWIVEL-CROSS, LEFT TOE SWIVEL-CROSS,, RIGHT TOE TOUCH, RIGHT SAILOR**

- &1-2-3&4      Change weight quickly to right next to left, cross left over right, touch right toe to right side, cross step right slightly behind left, step left next to right, step right slightly to right side  
5-6-7-8      Touch left toe next to right, swivel on toe so left knee points away from right, cross left over right, touch right toe next to left  
  
1-2-3-4      Swivel on right toe pointing knee away from left, cross right over left, touch left toe next to right pointing knee toward right, swivel on left toe pointing left knee away from right  
5-6-7&8      Cross left over right, touch right to right side, cross step right slightly behind left, step left next to right, step right slightly to right side (counts 7&8 = right sailor)

REPEAT

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