

Now This (P)

拍数: 64 墙数: 0 级数: Partner
编舞者: Joyce Warren (USA)
音乐: This Kiss - Faith Hill



Position: Begin the dance in Open Couple Position. Man starts on the left foot & lady starts on the right foot

MAN:

- 1&2 Step forward on left foot, rock in place on right foot, step next to right foot on left foot (weight on left foot)
3&4 Step back on right foot, rock forward in place on left foot, step right foot next to left foot (weight on right foot)
5&6 Step out to left on left foot, rock in place on right foot, step left foot next to right foot (weight on left foot)
7&8 Step out to right on right foot, rock in place on left foot, step next to left foot on right foot (weight on right foot)

9&10 Left shuffle forward LOD
11&12 Right shuffle forward LOD
13&14 Left shuffle forward
15&16 Right shuffle in place

Drop hands as lady turns and place them at her waist

LADY:

- 1&2 Step back on right foot, rock forward on left foot, step next to left foot on right foot (weight on right foot)
3&4 Step forward on left foot, rock back in place on right foot, step left foot next to right foot (weight on left foot)
5&6 Step right on right foot, rock in place on left foot, step next to left foot on right foot (weight on right foot)
7&8 Step out to left on left foot, rock in place on right foot, step next to right foot on left foot (weight on left foot)

9&10 Right shuffle back
11&12 Left shuffle back
13&14 ½ turn right on right shuffle
15-16 Stomp left foot in place, stomp right foot next to left foot

Lady is now directly in front of the man with his hands holding her hands at her waist

Both move diagonally left:

- 17-18- Step forward left foot, hold
&19-20 Slide left foot behind right foot, step left foot forward, touch right

Both move diagonally right:

- 21-22 Step forward on right foot, hold
&23-24 Slide left foot next to right foot, step right foot forward, touch left
25-28 **MAN:** Step back on left foot, right foot, left foot, touch right next to left foot

LADY: Full turns left as she step on left foot, right foot, left foot, touch right next to left foot

Drop hands as lady turns

The hands are again at the lady's waist with the lady in front of the man

BOTH:

- &29-30 Jump out on right foot, then left foot, hold
&31-32 Jump in on right foot then left foot, hold

33-36 Step right on right foot, touch left heel out to left, step left on left foot, touch right heel out to right
37-40 Step right on right foot, touch left heel out to left, step left on left foot, touch right heel out to right

41&42 Right shuffle to right
43&44 Swivel heels right, left, right
45&46 Left shuffle left
47&48 Swivel heels left, right, left

49&50 Right shuffle forward
51&52 Left shuffle forward
53-54 Step forward on right foot, left/2 pivot left on to left foot

Drop left hands

55&56 Right shuffle
57&58 Left shuffle (RLOD)
59-60 Step forward right, ½ pivot left on to left foot (drop right hands)
61-64 **MAN:** Jazz box right foot over left foot & touch left

Drop hands to return to open couple pos. As lady turns

LADY: Jazz box ½ turn left on right, left, right, left step

This gets you on opposite feet to begin again

REPEAT
