

# Now Is The Time

**COPPER KNOB**  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Scottish Jan (UK)  
音乐: Now Is The Time - Jimmy James



## LUNGE RECOVER, BEHIND SIDE CROSS, SIDE ROCK RECOVER, CROSS & CROSS SHUFFLE

- 1-2      Lunge right foot large step to right side, recover weight to left foot in place  
3&4      Cross step right foot behind left foot, step left foot to the side, cross step right foot over left foot  
5-6      Rock left foot to left side, recover weight to right foot in place  
7&8      Cross step left foot over right foot, step right foot to the side, cross step left foot over right foot

## SIDE BEHIND, CHASSE ¼ TURN RIGHT, ½ PIVOT TURN RIGHT, SHUFFLE FORWARD

- 9-10      Step right foot to the side, cross step left foot behind right foot  
11&12      Chasse right making ¼ turn to the right  
13-14      Step left foot forward, pivot ½ turn right  
15&16      Shuffle forward stepping left, right, left

## FULL TURN LEFT, SHUFFLE FORWARD, ROCK RECOVER, COASTER CROSS

- 17-18      Make ½ turn left stepping right foot back, make further ½ turn left stepping left foot forward  
**Option: 2 walks forward with no turns right, left**  
19&20      Shuffle forward stepping right left right  
21-22      Rock forward on left foot, recover weight back on to right foot in place  
23&24      Step left foot back, close right foot next to left foot, cross step left foot over right foot

## SIDE ROCK, BEHIND & CROSS, SIDE ROCK BEHIND & CROSS

- 25-26      Rock right foot to the side, recover weight on to left foot in place  
27&28      Cross step right foot behind left foot, step left foot to the side, cross step right foot over left foot  
29-30      Rock left foot to the side, recover weight on to right foot in place  
31&32      Cross step left foot behind right foot, step right foot to the side, cross step left foot over right foot

## TOE TOUCHES, SAILOR ¼ TURN RIGHT, TOE TOUCHES, COASTER STEP

- 33-34      Touch right toe forward, touch right toe to the right side  
35&36      Cross step right foot behind left foot, make ¼ turn right stepping left foot to the side, step right foot to the side  
37-38      Touch left toe forward, touch left toe to the left side  
39&40      Step left foot back, close right foot next to left foot, step left foot forward

## KICK KICK, TOUCH DIP ½ TURN RIGHT, ½ PIVOT TURN, SHUFFLE FORWARD

- 41-42      Kick right foot forward twice  
43&44      Touch right toe back, dip both knees down, pivot ½ turn right on right foot straightening up  
45-46      Step left foot forward, pivot ½ turn right transferring weight to right foot  
47&48      Shuffle forward left right left

## FORWARD ROCK, ½ TURN RIGHT TRIPLE STEP, FORWARD ROCK, COASTER STEP

- 49-50      Rock forward on right foot, recover weight back on to left foot in place  
51&52      Make ½ turn right stepping right, left, right  
53-54      Rock forward on left foot, recover weight back on to right foot in place  
55&56      Step left foot back, close right foot next to left foot, step left foot forward

**FORWARD ROCK, ¾ TURN RIGHT TRIPLE STEP, FORWARD ROCK, COASTER CROSS**

57-58 Rock forward on right foot, recover weight back on to left foot in place

59&60 Make ¾ turn right stepping right, left, right

61-62 Rock forward on left foot, recover weight back on to right foot in place

63&64 Step left foot back, close right foot next to left foot, cross step left foot over right foot

**REPEAT**

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