

# Nothin' To Prove

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Improver two step  
编舞者: Rebel Roz (SCO)  
音乐: Standing On a Rock - Rodney Crowell



## STEP ¾ STEP HOLD, COASTER STEP HOLD

1-4      Step forward right ¾ turn left, step on right hold  
5-8      Left coaster step, hold

## RIGHT HEEL HOOK RIGHT HEEL FLICK, TOUCH OUT IN, HITCH

1-4      Right heel forward, hook in front of left, right heel forward, flick right foot to right side  
5-8      Touch right toe forward, twist heels out, left to left, right to right, bring back to center, hitch right knee up

## STEP RIGHT LOCK STEP HOLD, STEP ½ TOUCH HOLD

1-4      Step right lock step hold  
5-8      Step forward left pivot ½ turn right, touch left beside right hold

## LEFT HEEL HOOK LEFT HEEL FLICK, TOUCH OUT IN, HITCH

1-4      Left heel hook, left heel flick  
5-8      Left toe forward, twist heels out, left to left right to right, return to center, hitch left knee

## LEFT LOCK STEP HOLD, ROCK ½ STEP HOLD

1-4      Left lock step hold  
5-8      Rock forward on right replace on left, turn ½ right, step on right, hold

## ½ TURN STEP HOLD STEP BACK HOLD COASTER STEP HOLD

1-4      ½ turn right step back onto left hold, step back on right hold  
5-8      Left coaster step hold

## SIDE STRUT, CROSS STRUT, BACK STEP CROSS HOLD

1-4      Right side strut, cross left strut  
5-8      Step right back, step left to left side cross right over left

## SIDE STRUT CROSS STRUT, BACK STEP CROSS

1-8      Repeat 1-8 leading left foot

## REPEAT

## ENDING

On the last wall, facing 9:00, rock ¼ turn. Face the front. Hold