

Nothin' To Lose

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Adrian Lefebour (AUS)
音乐: Nothin' to Lose - Josh Gracin



SIDE, BEHIND, SIDE, CROSS ROCK, REPLACE, STEP SIDE, CROSS, SIDE, BEHIND, SIDE, ½ PIVOT LEFT

- 1-2&3&4 Step right to right side, step left behind right, step right to right side, cross rock left over right, rock back on right, step left to left side (12:00)
- 5&6&7-8 Cross right over left, step left to left side, step right behind left, step left to left side, step right forward, ½ pivot left (weight on left) (6:00)

HEEL, STEP, HEEL, STEP, HEEL, STEP, TOUCH, HEEL, STEP, TOUCH, ½ PIVOT LEFT

- 1&2&3&4 Step right heel forward, step right down, step left heel forward, step left down, step right heel forward, step right down, touch left toe to left side (6:00)
- 5&6-7-8 Step left heel forward, step left down, touch right toe to right side, step right forward, ½ pivot left (12:00)

SHUFFLE FORWARD, FORWARD COASTER, BACK COASTER, TOGETHER, STEP, ½ PIVOT LEFT

- 1&2-3&4 Shuffle forward right, left, right, step left forward, step right next to left, step left slightly back (12:00)
- 5&6&7-8 Step right back, step left next to right, step right slightly forward, step left next to right, step right forward, ½ pivot left (6:00)

SIDE, BEHIND, TURN ¼ RIGHT, TURN ¼ RIGHT, RIGHT SAILOR, BEHIND, TURN ¼ RIGHT, TURN ¼ RIGHT, TOUCH

- 1-2&3 Step right to right, step left behind right, turn ¼ right on right, turn ¼ right step left to left side 12:00
- 4&5 Right sailor step
- 6&7-8 Step left behind right, turn ¼ right on right, turn ¼ right step left to left side, touch right next to left (6:00)

KICK RIGHT FORWARD, STEP, TOUCH BACK, ½ LEFT WITH HEEL, STEP, TOUCH BACK (REPEAT)

- 1&2-3&4 Kick right forward, step right next to left, touch left toe back, turn ½ left step left heel up, step left next to right, touch right toe back (12:00)
- 5&6-7&8 Kick right forward, step right next to left, touch left toe back, turn ½ left step left heel up, step left next to right, touch right toe back (6:00)

¼ SHUFFLE, SAILOR ¼ LEFT, SHUFFLE FORWARD, ¾ PIVOT RIGHT

- 1&2-3&4 ¼ shuffle right to (3:00 wall) stepping right, left, right, sailor ¼ left to (12:00 wall) stepping left, right, left
- 5&6-7-8 Shuffle forward right, left, right, step left forward, ¾ pivot right (weight on right) (9:00)

SIDE, BEHIND, SIDE, CROSS, SIDE, SAILOR, TOUCH BEHIND ¾ TURN

- 1-2&3-4 Step left to left side, step right behind left, step left to left side, cross step right over left, step left to left side (9:00)
- 5&6-7-8 Right sailor step, touch left behind right, unwind ¾ turn left (weight left) (12:00)

KICK BALL STEP, SIDE SHUFFLE, CROSS ½ TURN, TOUCH

- 1&2-3&4 Right kick ball step, side shuffle right stepping right, left, right (12:00)
- 5-6-7-8 Cross left over right, turn ¼ left step right back, turn ¼ left step left to left, touch right next to left (6:00)

REPEAT

RESTART

Occurs on wall 2 at the end of count 56 at (6:00 wall)
