

Nothing On But

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Paula J. Graves (UK)
音乐: Nothing On But the Radio - The Alice Band



ROCK FORWARD, WALK BACK, SHUFFLE BACK, POINT BACK, ½ TURN, KICK

- 1-2 Left foot forward, replace weight back onto right foot
- 3-4 Left foot back, right foot back (walk back using a ronde action with left foot & right foot)
- 5&6 Left foot back, cross right foot in front of left foot, left foot back
- 7-8 Point right foot back without weight, ½ turn to right kicking right foot forward

CROSS SIDE BACK TWICE, CROSS IN FRONT SIDE BEHIND, ROCK & CLOSE

- 1&2 Cross right foot in front of left foot, left foot side & slightly back, right foot back & slightly to right side
- 3&4 Cross left foot in front of right foot, right foot side & slightly back, left foot back & slightly to left side
- 5&6 Right foot cross in front of left foot, left foot to side, right foot cross behind left foot
- 7&8 Left foot to side, replace weight onto right foot, close left foot to right foot

PADDLE TURN BACKWARDS TWICE, COASTER STEP, TAP HITCH TAP, CROSS SIDE BEHIND

- 1-2 With weight on left foot take ¼ right while tapping right toe forward, repeat
- 3&4 Right foot back, close left foot to right foot, right foot forward
- 5-6 With weight on right foot take ¼ turn to right while tapping left foot to left side, repeat
- 7&8 Cross left foot in front of right foot, right foot to side, cross left foot behind right foot

Push right hip forward when tapping right toe & push left hip to left side while tapping left toe

Option: this movement can be danced without the turn to make it easier for beginners

SIDE ROCK, BEHIND SIDE IN FRONT, COASTER STEP ¼ TURN TO RIGHT, LOCK FORWARD

- 1-2 Right foot to side, replace weight onto left foot
- 3&4 Cross right foot behind left foot, left foot to side, cross right foot in front of left foot
- 5&6 Left foot to side, ¼ turn to right as you close right foot to left foot, left foot forward
- 7&8 Right foot forward, left foot behind right foot, right foot forward

REPEAT
