

Nothin' But Blue Skies

COPPER KNOB
STEPSHEETS

拍数: 80 墙数: 4 级数: Intermediate
编舞者: Alison Carrington (UK)
音乐: I Can See Clearly Now - Aswad



There is a vocal introduction, then wait for heavy drum beat, then wait 16 counts and begin on vocals

ROCK RIGHT, LEFT, CROSS SHUFFLE, KICK BALL CROSS TWICE

1-2 Rock right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5&6 Kick left forward, step on ball of left, cross right over left
7&8 Kick left forward, step on ball of left, cross right over left

ROCK LEFT, RIGHT, BEHIND, SIDE, FRONT, HIP SWAYS RIGHT, LEFT, RIGHT LEFT

1-2 Rock left to left side, recover onto right
3&4 Step left behind right, step right to right, step left over right
5-6-7-8 Sway hips right, left, right, left

STEP ½ PIVOT, FORWARD SHUFFLE, STEP ¼ PIVOT, FORWARD SHUFFLE

1-2 Step right forward, pivot ½ turn left
3&4 Step right forward, step left beside right, step right forward
5-6 Step left forward, pivot ¼ turn right
7&8 Step left forward, step right beside left, step left forward

KICK BALL STEP TWICE, ROCK FORWARD AND BACK

1&2 Kick right forward, step on ball of right, step left forward
3&4 Kick right forward, step on ball of right, step left forward
5-6 Rock right forward, recover onto left
7-8 Rock right back, recover forward onto left

RIGHT CHASSE, ROCK BACK & FORWARD, LEFT CHASSE, ROCK BACK & FORWARD

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock left behind right, recover onto right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock right behind left, recover onto left

TRIPLE ½ TURN LEFT, ROCK BACK AND FORWARD, STEP, HOLD & STEP TOUCH

1&2 Triple ½ turn left on the spot stepping on right, left, right
3-4 Rock left back, recover onto right
5-6& Step left to left, hold, touch right beside left
7-8 Step left to left, touch right beside left

WALK FORWARD RIGHT, LEFT, FORWARD SHUFFLE, ROCK FORWARD, BACK, LEFT COASTER STEP

1-2 Walk right forward, walk left forward
3&4 Step right forward, step left beside right, step right forward
5-6 Rock left forward, recover onto right
7&8 Step left back, step right back, step left forward

Restart here on 2nd pattern

STEP, TOUCH, STEP, TOUCH, STEP, SLIDE AND TAP, TAP

1-2 Step right to right, touch left beside right
3-4 Step left to left, touch right beside left

5-6-7 Take a long step right on right sliding left up to right
&8 Tap left beside right twice

ROLLING VINE LEFT, TOUCH, SIDE ROCK RIGHT & LEFT, ¼ SAILOR STEP RIGHT

1-2 Step ¼ left to left, pivot ¼ left stepping right to right
3-4 Step ¼ left on left, pivot ¼ left and touch right beside left
5-6 Rock right to right, recover onto left
7&8 Step right behind left as turn ¼ right, recover onto left, step in place on right

STEP, TOUCH, STEP, TOUCH, STEP, SLIDE & TAP, TAP

1-2 Step left to left, touch right beside left
3-4 Step right to right, touch left beside right
5-6-7 Take a long step left on left sliding right up to left
&8 Tap right beside left twice

REPEAT

TAG

On 2nd pattern dance to section 7 (up to left coaster step) only. The music breaks, so just step right foot apart from left and splay arms out in front and hold for 4 counts. Begin again from the beginning

ENDING

Dance ends on section 10 tapping right beside left twice
