

# Not 2 Tuff 4 U

拍数: 32                      墙数: 4                      级数: Improver  
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音乐: Tuff Enuff - Wynonna



## STEP STRUTS, CROSS STRUTS

- 1-2                      Tap right toes forward, step forward on the right foot and snap fingers
- 3-4                      Tap left toes forward, step forward on the left foot and snap fingers
- 5                        Cross tap right toes over left foot
- 6                        Cross step right foot over left foot and snap fingers
- 7-8                     Tap left toes to left side, step left foot to left side and snap fingers

## CROSS, UNWIND, KICKS, SAILOR SHUFFLE, SAILOR SHUFFLE W QUARTER TURN LEFT

- 1-2                     Cross right foot in front of left foot, unwind half turn over your left shoulder weight on left foot
- 3-4                     Kick right foot forward, kick right foot to right side
- 5&6                    Cross step right foot behind left foot, step left foot to left side, step right foot to right side
- 7&                      Cross step left foot behind right foot, step right foot to right side with a quarter turn right
- 8                        Step left foot to left side

## WALK FORWARD RIGHT, LEFT, MONTEREY TURN, KICKS FORWARD

- 1-2                     Walk forward right, left
- 3-4                     Point right toes to right side
- 4                        Step right next to left while turning ½ turn over your right shoulder transfer weight to left foot
- 5-6                    Point left toes to left side, step left foot next to right foot with weight on left foot
- 7-8                     Kick right foot forward two times

## COASTER STEP, ROCK STEP, COASTER STEP, STOMP, STOMP

- 1&2                    Step back on the right foot, step left foot next to right foot, step forward on right foot
- 3-4                    Step forward on left foot, rock step back on the right foot (weight on right foot)
- 5&6                    Step back on the left foot, step right foot next to left foot, step forward on left foot
- 7-8                    Stomp step right foot forward, stomp step left foot forward

## REPEAT

After every fourth time through (back to beginning wall) there will be a 16 count bridge. Dance the bridge and start from the beginning

## KICK BALL CHANGE, PIVOT TURN, KICK BALL CHANGE, PIVOT TURN

- 1&2                    Kick right foot forward, step right foot back, change weight to left foot
- 3-4                    Step right foot forward, pivot a half turn over your left shoulder (change weight to left foot)
- 5&6                    Kick right foot forward, step right foot back, change weight to left foot
- 7-8                    Step right foot forward, pivot a half turn over your left shoulder (change weight to left foot)

## RIGHT TOE TAPS, LEFT TOE TAPS, 4 COUNT HIP GRIND

- 1-4                    Tap right toes forward twice, tap left toes forward twice
- 5-8                    Roll hips in circular motion right, left, right, left