

Not Tonight (I Have A Headache!)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Noel Castle (AUS)
音乐: Out of the Question - Mel McDaniel



SKATE, SKATE, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, TRIPLE ½ LEFT

1-2 Skate right forward, skate left forward
3&4 Shuffle forward - right, left, right
5-6 Rock left forward, recover right
7&8 Triple step making ½ turn left - left, right, left (6:00)

TRIPLE ¾ LEFT, ROCK BACK, RECOVER, POINT, HOLD, TOUCH & TOUCH &

1&2 Triple step making ¾ turn left - right, left, right (9:00)
3-4 Rock left back, recover right forward
5-6 Point left side, hold
7&8& Touch left to right, step left in place (&), touch right to left, step right in place (&)

CROSS, TOUCH ¼ RIGHT, HEEL BOUNCES, FORWARD, PIVOT ½ RIGHT, TRIPLE ½ RIGHT

1-2 Cross left over right, face ¼ right & touch right toe forward (12:00)
3-4 Bounce right heel, bounce right heel again taking weight onto right
5-6 Step left forward, pivot ½ right (weight right) (6:00)
7&8 Triple step making ½ turn right - left, right, left (12:00)

ROCK BACK, RECOVER, POINT, HOLD, CROSS, BACK ¼ RIGHT, TOUCH, HOOK

1-2 Rock right back, recover left
3-4 Point right side, hold
5-6 Cross right over left, left back into ¼ turn right (3:00)
7-8 Touch right heel slightly forward, hook right over left shin

REPEAT

TAG

End of second wall facing 6:00

LUNGE SIDE, RECOVER DRAG TOUCH - FORWARD, HOLD, PIVOT ½ LEFT, HOLD

1 Lunge right out to side
2-3-4 Recover weight left & drag right to touch next to left (right hand on forehead)
5-8 Right forward, hold, pivot ½ left, hold (weight left) (12:00)

TAG

End of seventh wall facing 3:00

LUNGE SIDE, RECOVER DRAG TOUCH

1 Lunge right side
2-3-4 Recover weight left & drag right to touch next to left (right hand on forehead)