

Not The Enemy

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Melissa Daum (USA)
音乐: Not The Enemy - Lina

墙数: 2

级数: Intermediate nightclub



BASIC, ½ TURN, CROSS, BASIC, SWEEP BACK TWICE

- 1 Step right to right dragging left foot
- 2& Rock left foot behind right, recover weight onto right
- 3 Step out left ¼ turn right (3:00)
- 4 ¼ turn right swinging right foot out and stepping on right (6:00)
- &5 Cross left over right, step right to right
- 6& Rock left behind right, recover weight to right
- 7-8 Replace weight onto left (still slightly behind right), pushing right into a sweep and stepping back
- & Sweep left out and step back onto left

SIT, WALK, WALK, CHASSÉ, ROCK RECOVER, ¼ CHASSÉ

- 1 Step back onto right into sit
- 2 Step forward on left
- 3 Step forward on right
- 4&5 Step left to left, right together, left to left (chassé)
- 6-7 Rock right over left, recover weight to left
- 8&1 Making a ¼ turn right step right, left together, right (9:00)

ROCK, RECOVER, STEP BACK ¼, ¼ BASIC TWICE

- 2&3 Rock left forward, recover weight to right, step back on left
- 4 ¼ turn right stepping out on right (12:00)
- 5 ¼ turn right stepping out on left (3:00)
- 6& Rock right behind left, recover left
- 7 Step right to right
- 8& Rock left behind right, recover right

¼, CHASE TURN, ½ TURN, BASIC, ½ TURN CROSS

- 1 Step left ¼ turn left (12:00)
- 2&3 Step forward on right, ½ turn left transferring weight to left, step forward on right (6:00)
- 4 ½ turn right stepping back on left (12:00)
- 5 Step right to right dragging left foot
- 6& Rock left behind right, recover right
- 7 Step out left ¼ turn right (3:00)
- 8 ¼ turn right swinging right foot out and stepping on right (6:00)
- & Cross left over right

REPEAT