

Not In These Shoes

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Brian Kindness (UK)
音乐: In These Shoes? - Kirsty MacColl



TAP, STEP TOE, BACK LOCK BACK, TURN, CLOSE, SIDE-CLOSE

1-2 Tap left toe beside right foot, step forward left
3-4& Tap right toe behind right heel, step back right, lock left foot across right
5-6 Step back right making $\frac{1}{4}$ turn left, step side left
7-8& Close right beside left, step side left, close right beside left

SIDE, ROCK, BACK, SIDE-CLOSE-TURN, TURN, SIDE, STEP LOCK

1-2 Step side left, rock right diagonal, across left
3-4& Return weight onto left, step side right, close left to right
5-6 Make $\frac{1}{4}$ turn right and step forward right, make $\frac{1}{2}$ turn right and step back left
7-8& Make $\frac{1}{4}$ turn right and step side right, step forward left, lock right behind left

STEP, ROCK, BACK, BEHIND-SIDE-CROSS, SIDE, TOUCH, COASTER ...

1-2 Step forward left, rock forward on right
3-4& Replace weight back onto left, step right behind left, step side left
5-6 Step right diagonal, across left, step side left
7-8& Tap right beside left, step back right, close left beside right

STEP PIVOT TURN, SHUFFLE LEFT TOUCH, KICK, CROSS, UNWIND

1-2 Step forward right, step forward left
3-4& Pivot $\frac{1}{2}$ turn right, step forward on left, step right beside left
5-6 Step forward left, tap right ball beside left
7-8& Kick right leg diagonal, to right side, cross right over left, unwind $\frac{1}{2}$ turn left

WEIGHT RIGHT, ROCK, STEP, SIDE -CLOSE-SIDE, ROCK BACK, STEP TRIPLE,

1-2 Drop weight on right heel, rock back left diagonal, behind right
3-4& Recover weight to right, step side left, close right to left
5-6 Step side left, rock back right
7-8& Rock forward left, make $\frac{1}{4}$ turn left and step side right, close left beside right

TURN, ROCK BACK, STEP, TURN-TOUCH, BACK LEFT, ROCK RIGHT, SHUFFLE

1-2 Turn $\frac{1}{4}$ left and step back right, rock back left
3-4 Step forward right, spin $\frac{1}{2}$ right on ball of right, touch right toe beside right
5-6 Walk back left, rock back right
7&8 Left shuffle forward

WALK, STEP TOUCH-TURN, STEP -TOUCH-TURN, SHUFFLE...

1-2 Step forward right, step forward left
3-4 Touch right ball beside left instep, swivel $\frac{1}{4}$ right on balls of both feet (transferring weight, to right)
5-6 Step forward left, touch right ball beside left instep
7-8& Swivel $\frac{1}{4}$ right on balls of both feet (transferring weight, to right), step forward left, step right beside left

ROCK FORWARD RIGHT, STEP BACK, HOOK RIGHT, POINT RIGHT FORWARD & SIDE, STEP BACK RIGHT, POINT LEFT

1-2 Step forward left, rock forward on right

- 3-4 Rock back onto left, hook right toe across left foot
- 5-6 Point right toe forward, point right toe to right side
- 7-8 Step right behind left, point left toe to left side

REPEAT

TAG

After the 2nd wall:

- 1-2 Step forward left, making a $\frac{1}{4}$ turn left, touch right toe to right side
 - 3-4 Step back right, making a $\frac{1}{4}$ turn left, touch left toe to left side
 - 5-8 Repeat steps 1-4 to complete a full square
 - 9-10 Rock left to left side, replace weight on right
 - 11-12 Step left across right, rock right to right side
 - 13-14 Replace weight on left, step right across left,
 - 15-16 Rock left to left side, replace weight on right
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