

# Not Hurt Anymore

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jos Slijpen (NL)  
音乐: I Don't Hurt Anymore - Martina McBride



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## **CROSS STEP, SWEEP, CROSS STEP, SWEEP, PIVOT ½ TURN RIGHT, ½ TURN RIGHT, BACK RIGHT**

1-2      Cross step left over right, sweep right around in front of left  
3-4      Cross step right over left, sweep left around in front of right  
5-6      Step forward left, pivot ½ turn right  
7-8      Make ½ turn right stepping back on left, step back right (12:00)

## **BACK LEFT, SWEEP, BEHIND, SWEEP, ROCK BACK LEFT, RECOVER, ¼ TURN RIGHT, BEHIND**

1-2      Step back left, sweep right around behind left  
3-4      Step right behind left, sweep left around behind right  
5-6      Step back left, recover weight on right  
7-8      Make ¼ turn right stepping left to left side, step right behind left (3:00)

## **¼ TURN LEFT, PIVOT ¼ TURN LEFT, CROSS, SIDE STEP LEFT,, BEHIND, ¼ TURN LEFT FORWARD STEP RIGHT**

1-2      Make ¼ turn left stepping forward on left, step forward right  
3-4      Pivot ¼ turn left, cross right over left  
5-6      Step left to left side, step right behind left  
7-8      Make ¼ turn left stepping forward on left, step forward right (6:00)

## **PIVOT ½ TURN LEFT, ¼ TURN LEFT, BEHIND, ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, PIVOT ¼ TURN RIGHT**

1-2      Pivot ½ turn left, make ¼ turn left stepping right to right side  
3-4      Step left behind right, make ¼ turn right stepping forward on right  
5-6      Step forward left, pivot ½ turn right  
7-8      Step forward left, pivot ¼ turn right (9:00)

**REPEAT**

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