

# Not Ashamed

COPPER KNOB  
BYEFOOTETS

拍数: 32      墙数: 4      级数: Intermediate cha cha  
编舞者: Zac Detweiller (USA)  
音乐: No Shame - Jeff Bates



## SIDE LEFT, RIGHT BACK ROCK, TAP, STEP, RIGHT FORWARD TRIPLE, ROCK, RETURN, 1/2 FORWARD TRIPLE

1-2            Step left to side, rock right behind left  
&3            Tap left to next to right toe, step left down  
4&5           Step right forward, step left next to right, step right forward  
6-7           Rock forward left, return right  
8&1           Turning 1/2 left step left forward, turning 1/2 left step right back, turning 1/2 step left forward

## 1/4 LEFT SIDE ROCK, RETURN, WEAVE LEFT, LEFT SIDE ROCK, RETURN, CROSS, 1/4 RIGHT STEP, 1/4 RIGHT SLIDE

2-3            Turning 1/4 left rock right to side, return left  
4&5           Step right behind left, step left to side, cross right over left  
6-7           Rock left to side, return right  
8&1           Cross left over right, step right 1/4 right, turning 1/4 right make a large step left to side

## RIGHT DRAG, RIGHT BALL CROSS, RIGHT KICK BALL CROSS, RIGHT SIDE POINT, FULL SYNCOPATED MONTEREY, LEFT SIDE POINT

2            Drag right towards left  
&3            Step ball of right next to left, cross left over right  
4&5           Kick right (45 degrees) to right, step right next to left, cross left over right  
6-7           Point right to side, hold  
8&1           Make a full turn right, step right next to left, point left to side

## SYNCOPATED JAZZ, RIGHT CROSS TRIPLE, 1/2 RIGHT TURN, SIDE, TOGETHER

2&3           Cross left over right, step right back, step left to side  
4&5           Cross right over left, step left to side, cross right over left  
6-7           Turning 1/4 right step left back, turning 1/4 right step right forward  
8&           Step left to side, step right next to left

REPEAT

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