

# Normansland 2000 (Norman's Stroll)

(P)

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 0                      级数: Partner  
编舞者: John Sandham (ES)  
音乐: Any Stroll tempo 100 -120 bpm



**Position: Side-By-Side position. Footwork same for both**

## **LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, LEFT STROLL, BRUSH**

1&2                      Left shuffle forward on left, right, left  
3&4                      Right shuffle forward on right, left, right  
5-7                      Step left foot slightly diagonal left, step right foot behind left, step left foot forward  
8                          Brush right foot forward

## **BOX STEP, ¼ TURN, DUCK WALK TO LEFT**

1-2                      Cross right foot over left, step back on left  
3-4                      Step right foot into ¼ turn right, step left foot beside right  
**Man will be standing behind lady, both will have their hands held on the lady's shoulders**  
5-8                      Swivel both heels to left, both toes to left, both heels to left, both toes to left

## **BOX STEP, STEP, SLIDE, HEEL TAPS**

1-2                      Cross right foot over left, step back on left  
3-4                      Step right foot to side, cross left over right  
5-8                      Step right foot to side, slide left foot to right as you tap left heel three times

## **¼ TURN LEFT, STEP BRUSH, STEP BRUSH, WALK FORWARD**

1-2                      Step ¼ turn left on left foot, brush right foot forward

## **Partners back in Side-By-Side Position**

3-4                      Step forward on right foot, brush left foot forward  
5-8                      Walk forward on left, right, left, right

**REPEAT**

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