

# No Way Jose

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Alison Carrington (UK)  
音乐: No Way Jose - Ray Kennedy



## RIGHT KICK BALL CHANGE, ROCK STEP, COASTER STEP, FORWARD, HOLD

1&2      Kick right forward, step right beside left, step onto left in place  
3-4      Rock forward on right, rock back onto left  
5&6      Step back right, step left beside right, step forward right  
7-8      Step forward left, hold

## HEEL SWIVEL ¼ TURNS, WITH HOLDS

9-10      Swivel heels left making ¼ turn right, hold  
11-12      Swivel heels right making ¼ turn left, hold  
13      Swivel heels left making ¼ turn right  
14      Swivel heels right making ¼ turn left  
15-16      Swivel heels left making ½ turn right, hold

## SHUFFLE FORWARD, ROCK STEP, RIGHT & LEFT BACK STRUTS

17&18      Step forward left, close right beside left, step forward left  
19-20      Rock forward on right, rock back onto left  
21-22      Step back on right toe, drop right heel taking weight  
23-24      Step back on left toe, drop left heel taking weight

## BACK SHUFFLE, BACK ROCK, LEFT & RIGHT STRUTS FORWARD

25&26      Step back right, close left beside right, step back right  
27-28      Rock back on left, rock forward onto right  
29-30      Step forward left toe, drop left heel to floor taking weight  
31-32      Step forward right toe, drop right heel to floor taking weight

## HIP BUMPS, LEFT & RIGHT STRUTS FORWARD

33&34      Touching left toe slightly forward, bump hips-left, right, left  
&35&36      Continue bumping hips - right, left, right, left  
**You can move up & down during hip bumps. Weight remains on right**  
37-38      Step left toe forward, drop left heel to floor taking weight  
39-40      Step right toe forward, drop right heel to floor taking weight

## HIP BUMPS, LEFT & RIGHT STRUTS FORWARD

41-48      Repeat steps 33-40

## LEFT & RIGHT SHUFFLES FORWARD, STEP, ½ PIVOT RIGHT, FULL TURN FORWARD

49&50      Step forward left, close right beside left, step forward left  
51&52      Step forward right, close left beside right, step forward right  
53-54      Step forward left, pivot ½ turn right  
55      On ball of right make ½ turn right, stepping back on left  
56      On ball of left make ½ turn right, stepping forward right

## LEFT SHUFFLE, RIGHT SHUFFLE, STEP, ½ PIVOT RIGHT, CROSS SHUFFLE

57&58      Step forward left, close right beside left, step forward left  
59&60      Step forward right, close left beside right, step forward right  
61-62      Step forward left, pivot ½ turn right

63&64

Cross left over right, step right to right side, cross left over right

**REPEAT**

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