

No Time To Stop

COPPER KNOB
STEPSHETS

拍数: 50 墙数: 4 级数: Intermediate
编舞者: Caroline James (AUS)
音乐: Smack Dab in the Middle - George Jones



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| 1-2 | Rock forward on left |
| 3&4 | Coaster step back on left |
| 5-6 | Walk forward right & left |
| 7-8 | Rock forward on right |
| &9 | Push back ½ turn right, step onto right |
| 10-11 | Cross left over, step right to side |
| 12-13 | Cross right over step left to side |
| 14 | Right heel grind ¼ turn right |
| 15-17 | Walk forward left, right, left |
| 18 | Kick right forward |
| 19-22 | Walk back right, left, right, left |
| 25 | Cross left over |
| 26-30 | Right point, heel tap, arrow step, heel tap, step together |
| 31-34 | Left heel tap, arrow step, heel tap, step together |
| 35-38 | Syncopated steps out & in with arm moves & shimmy. (raise hands to ears or shrug, cross left to right shoulder, cross right to left shoulder, shimmy) |
| 39&40 | Right side shuffle |
| 41-42 | Rock forward on left ¼ turn right |
| 43&44 | Shuffle back on left |
| 45-46 | Rock forward on right |
| 47&48 | Shuffle forward on right |
| 49-50 | Step forward on left, pivot ½ turn right |

REPEAT
