

# No Regrets

**COPPER KNOB**  
STEPSHEETS

拍数: 40      墙数: 4      级数: Beginner international rumba  
编舞者: Suzie Jacob (UK)  
音乐: Nada De Esto Fue Un Error - Coti, Paulina Rubio and Julieta Venegas



## STEP SIDE TOUCH TWICE, RIGHT VINE

- 1-2 Step right foot to right side, touch left foot beside right
- 3-4 Step left foot to left side, touch right foot beside left
- 5-8 Right vine (step right foot to right side, step left foot behind right, step right foot to the side and touch left foot next to right)

## STEP SIDE TOUCH TWICE, LEFT VINE

- 1-2 Step left foot to left side, touch right foot beside left
- 3-4 Step right foot to right side, touch left foot beside right
- 5-8 Left vine (step left foot to left side, step right foot behind left, step left foot to the side and touch right foot next to left)

## ROCK - SHUFFLE ½ TURNS

- 1-2 Rock forward on right foot, rock back on left foot
- 3&4 Right shuffle steps turning into a ½ turn right (right, left, right)
- 5-6 Rock forward on left foot, rock back on right foot
- 7&8 Left shuffle step turning into a ½ turn left (left, right, left)

## CROSS ROCK, CHASSE RIGHT

- 1-2 Cross step right foot over left, recover on left foot
- 3&4 Step right foot on to right, bring left to meet right foot, step right foot to right
- 5-6 Cross step left foot over right, recover on right foot
- 7&8 Step left foot to left, bring right foot to meet left foot, step left foot to left

## TOE STRUTS, ¼ RIGHT JAZZ BOX

- 1-2 Step right toe forward, step heel down
- 3-4 Step left toe forward, step left heel down
- 5-6 Cross right over left turning 1/8 right step left back
- 7-8 Turning 1/8 right step right to side, step left next to right putting weight on left foot

## REPEAT

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